



HEART OF THE CITY

Fridays, 2:00 p.m. Length: 60 minutes

KXLA

1/2/2009 14:00:00 0:58:30 HEART OF THE CITY



Heart of the City
City Councilmembers discuss timely issues with City staff and community leaders.

Mayor Foster and Ellen Calomiris discuss Rancho Los Cerritos and Living History tours for 4th graders. The kids who participate in the tours do chores and make candles to understand the 19th Century.

Two groups help raise money and awareness of the Rancho Los Cerritos. They are the Friends of Rancho Los Cerritos and the Rancho Los Cerritos Foundation was formed in 1994.

Mayor Foster tours Rancho Los Cerritos with Kim Brumowski. John Timple was the original builder of the Rancho Los Cerritos.

In 1930 Luellen Bixby added on to the Rancho Los Cerritos.

Councilmember Suja Lowenthal, Craig Beck and Bill Baker feature the dismantling of a billboard atop a building slated for demolition, making way for new development downtown.

Councilwoman Reyes Uranga and Adrian Martinez discuss air quality and other environmental issues within the Ports of Long Beach and Los Angeles.

Watch the latest "Heart of the City" Every month, Mayor Foster talks to

community members and City staff about different projects and issues of concern in Long Beach. Watch the most recent episode of "Heart of the City" by tuning in to KXLA Friday at 2:00.

Mayor Bob Foster

333 West. Ocean Blvd., 14th Floor
Long Beach, California 90802
Tel: (562) 570-6801
Fax: (562) 570-6538
e-mail: mayor@longbeach.gov

City Councilmembers discuss timely issues with City staff and community leaders.

The Long Beach City Council meets each Tuesday at 5:00 P.M. in the City Hall Council Chamber, unless the meeting is cancelled by the Mayor and City Council. The City Council does not meet on the last Tuesday of each month.

Legistar L5 is the City's legislative information management system (LIMS). Legistar L5 provides detailed information about ordinances, motions and briefings before the City Council and its Standing Committees. In addition, agendas, video (live and archived) and minutes of City Council and Standing Committee meetings are available.

Legistar L5 makes available online information about all legislation considered by the Long Beach City Council since March 2005. Legacy agenda, City Council actions and staff reports are also available, in truncated form, from the City Council as far back as 1987.

1/9/2009 14:00:00 0:58:30 HEART OF THE CITY

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Councilwoman Reyes Uranga and Adrian Martinez discuss air quality and other environmental issues within the Ports of Long Beach and Los Angeles.

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Mayor Foster interviews newly-appointed City Manager Patrick West about his background and his ideas for Long Beach.

The Office of the Mayor

In 1988, after a citywide initiative, the first citywide election for the position of Mayor was held. Since that first election, the city has had only three elected mayors, Mayor Ernie Kell, Mayor Beverly O'Neill, and Mayor Bob Foster.

In 1994, Mayor Beverly O'Neill was first elected as Mayor. In 1998, Mayor O'Neill won the Mayoral seat for her second term with nearly 80 percent of the vote. She then won an unprecedented third term as a write-in candidate in 2002.

In 2006, Mayor Bob Foster was elected as Mayor.

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Meals on Wheels is a non-profit volunteer community service for homebound persons unable to prepare adequate meals for themselves because of disability, age or chronic/temporary illness, thus assisting them to remain nourished in their own homes.



Downtown Long Beach, CA

**Meal on Wheels of Long Beach
562-432-6215
Monday through Friday**

Meals on Wheels (MOW) provides home delivery of two dietetically balanced meals per day and is available to all Long Beach area adults regardless of age. Meals on Wheels is not federally funded.

- **Pulitzer Prize classic "Picnic" Hosted by MOW board of directors at Long Beach Playhouse. Thursday, April 10, 2008. Reception 7 PM, performance at 7:30 PM. \$25 per person. Open seating. - Visit our Calendar of Events for more information.**

Meals on Wheels of Long Beach, Inc. has both the approval and the acceptance of the City of Long Beach Health Department.

8:00 AM to 1:00 PM * *Except Holidays

**Terry Ripple, Executive Director or
Judy Pedneault, President
Meals on Wheels of Long Beach, Inc.
241 Cedar Ave.
Long Beach, CA 90802-3031
Phone: (562) 432-6215 or (562)421-
6863 FAX :(562) 437-7900
E-mail: pednoj@aol.com**

1/16/2009 14:00:00 0:58:30 HEART OF THE CITY

**Mayor Foster and Ellen Calomiris discuss Rancho Los Cerritos.
Mayor Foster tours Rancho Los Cerritos with Kim Brumowski. John
Timple was the original builder of the Rancho Los Cerritos.**

In 1930 Luellen Bixby added on to the Rancho Los Cerritos.

**Councilmember Suja Lowenthal, Craig Beck and Bill Baker feature the
dismantling of a billboard atop a building slated for demolition, making way
for new development downtown.**

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City Councilmembers discuss timely issues with City staff and community leaders.

1/23/2009 14:00:00 58:30 HEART OF THE CITY

Mayor Foster and Ellen Calomiris discuss Rancho Los Cerritos.

Councilmember Suja Lowenthal, Craig Beck and Bill Baker feature the dismantling of a billboard atop a building slated for demolition, making way for new development downtown.

1/30/2009 14:00:00 0:58:30 HEART OF THE CITY

Mayor Foster tours Rancho Los Cerritos with Kim Brumowski. John Timple was the original builder of the Rancho Los Cerritos.

In 1930 Luellen Bixby added on to the Rancho Los Cerritos.

Councilmember Suja Lowenthal, Craig Beck and Bill Baker feature the dismantling of a billboard atop a building slated for demolition, making way for new development downtown.

Councilwoman Reyes Uranga and Adrian Martinez discuss air quality and other environmental issues within the Ports of Long Beach and Los Angeles.

Mayor Foster and Ellen Calomiris discuss Rancho Los Cerritos.

2/6/2009 14:00:00 0:58:30 HEART OF THE CITY

Mayor Foster, Susan Redfield and Richard Archbold discuss Long Beach Reads One Book. About eight years ago they were listening to “What if everyone in Seattle read the same book.” Tuesdays with Morrie is the first book that they used to encourage reading in Long Beach. Mayor Foster talks about T. Jefferson Parker.

Councilwoman Schipske and Bryan Rogers talk about the services offered by the Pacific Gateway Workforce Investment Network, including the Career Transition Center and the Youth Opportunity Center.

Councilmember Patrick O'Donnell discusses the grand reopening of the Freeman Ave. PAL Center with Connie Oden, Dave San Jose and program participants. Connie Oden talks about the games and crafts. She mentions the after school programs. Monday through Friday from 3:00 – 6:00 and Saturday from 12:00 - 4:00 are the hours. The program is free.

Councilwoman Gabelich talks about a city-wide community organization, Neighborhoods First, with Joe Sopo, Mike Kowal and Eric Bradley.

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14:00:00 0:58:30 HEART OF THE CITY

2/13/2009

Mayor Foster, Susan Redfield and Richard Archbold discuss Long Beach Reads One Book. About eight years ago they were listening to “What if everyone in Seattle read the same book.” Tuesdays with Morrie is the first book that they used to encourage reading in Long Beach. Mayor Foster talks about T. Jefferson Parker.

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2/20/2009 14:00:00 0:58:30 HEART OF THE CITY

Councilmember Patrick O'Donnell discusses the grand reopening of the Freeman Ave. PAL Center with Connie Oden, Dave San Jose and program participants. Connie Oden talks about the games and crafts. She mentions the after school programs. Monday through Friday from 3:00 – 6:00 and Saturday from 12:00 - 4:00 are the hours. The program is free.



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2/27/2009 14:00:00 0:58:30 HEART OF THE CITY

Councilwoman Schipske and Bryan Rogers talk about the services offered by the Pacific Gateway Workforce Investment Network, including the Career Transition Center and the Youth Opportunity Center.

Councilwoman Gabelich talks about a city-wide community organization, Neighborhoods First, with Joe Sopo, Mike Kowal and Eric Bradley.

3/6/2009 14:00:00 0:58:30 HEART OF THE CITY

Mayor Foster, Mark Bixby and Tony Cruz talk about the Long Beach Bike Festival, the upcoming celebration of the roll-out of the City's Bicycle Master Plan.

3/13/2009 14:00:00 0:58:30 HEART OF THE CITY

**Councilwoman Schipske, Steve Gordon and Wendy Puzarne discuss the counseling services offered by JFCS.
Councilmember Andrews highlights a delegation from Mombasa, Kenya — Long Beach's newest sister city—and speaks with Tracy Colunga and John Mcharo.**

3/20/2009 14:00:00 0:58:30 HEART OF THE CITY

**Councilwoman Uranga Reyes talks about ELLAS (Embracing Latina Leadership AllianceS) with Pilar Pinel, Gladys Lara and Bianca Hernandez.
The purpose of ELLAS is to encourage and inspire young Latino students to go on to higher education. This program was founded in 2003 by Pilar Pinel.**

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Councilwoman Uranga Reyes talks about ELLAS (Embracing Latina Leadership AllianceS) with Pilar Pinel, Gladys Lara and Bianca Hernandez.

The purpose of ELLAS is to encourage and inspire young Latino students to go on to higher education. This program was founded in 2003 by Pilar Pinel.

A handwritten signature in black ink, reading "Lawrence P. Pinel". The signature is written in a cursive style with a large, prominent initial "L" and a large, rounded "P".