



SOUTHERN CALIFORNIA LIFE

DATE: 5-13-08 TUESDAY

TIME: 7:30 – 8:00 P.M.

TOPICS COVERED BUT NOT LIMITED TO:

PERTENANT ISSUES AND PROGRAMMING:

OVERVIEW:

Tonight on So Cal Life we continue our spotlight on Hermosa Beach and we take you to a restaurant that serves the kind of Cajun food that will make you think you are in Louisiana. Plus our in studio guest brings us an unexpected new diet to get you in shape just in time for bikini season. And in entertainment, we get a chance to look at the new fantasy movie by director Harmony Korine, Mister Lonely.

NATIONAL NEWS:

Emily and Jacob were the most popular names again this year. They have remained the top names over the last decade. Rounding out the top 5 for girls were Isabella, Emma, Ava and Madison. For the boys: Michael, Joshua, Matthew and Ethan. It seems parents were not feeling very adventurous this year, since Elizabeth was the only new name to the list. Experts say the top names continue to be so popular because they appeal to all cultures.

Are you a woman with a great business idea? Listen up... there's a nationwide call for applications for All Things Media – the first venture forum to offer women entrepreneurs an opportunity to pitch their businesses to investors:

COMMUNITY NEWS:

We continue our spotlight on Hermosa Beach, where you can not only find great activities, but great places to eat. Reporter Rhonda Hines takes a look at one place in particular that adds some local flavor to this beach city:

ENTERTAINMENT NEWS:

If you're a fan of Dancing with the Stars, you were probably surprised to find out Olympic gold medalist Kristi Yamaguchi was born with club feet! The fact is, clubfoot is one of the most common birth defects. It affects about 5,000-babies born in the U-S each year. In a special report, Tom Jordan reports on an alternative to corrective surgery that has been around for many years but has only recently gained widespread popularity.

HEALTH/FITNESS:

If someone told you that you could eat cookies and lose weight, would you believe them? Well our in-studio guest claims it's true. Neil Friedman of the Smart for Life Cookie Diet joins us now.

CELEBRITY BIRTHDAYS

ENTERTAINMENT NEWS:

He first made a name for himself as a song writer with Bjork, but he's now making his mark as a screenwriter. Ron Jacobsohn sat down with the creator of the new movie Mister Lonely:

WEATHER

COMMUNITY CALENDAR

