



# SOUTHERN CALIFORNIA LIFE

## **MOST PERTENANT ISSUES AND PROGRAMS**

### **TOPICS COVERED BUT NOT LIMITED TO:**

**4/1/2008 19:30:00 IN5641 3 0:28:30 Kvmd-SoCal Life**  
**TOPICS COVERED BUT NOT LIMITED TO:**

#### **PERTENANT ISSUES AND PROGRAMMING:**

##### **OVERVIEW:**

Tonight on So Cal Life, Americans overpay the IRS approximately \$1 billion each year because of overlooked tax deductions and credits. Our in-studio guest will tell us how to avoid those pitfalls. And in entertainment, Joshua Jackson talks to our Ron Jacobson about filming his latest project in Tokyo – and what other movie the experience reminded him of. Plus, we continue our spotlight on Fontana with a look at how this city has grown from a small farming community, to a booming hub of the Inland Valley.

##### **NATIONAL NEWS/GENERAL INTEREST:**

April fool's Day. While we now associate it with pranks, this holiday actually started as a way to poke fun at changing the day of New Year's celebrations from April 1st to January 1st.

It's no April fool's joke; Uncle Sam really is giving us money this tax season. As part of the U.S. economic stimulus plan, an estimated 130 million Americans will receive a government check for a minimum of \$300. Government officials are hoping the cash will be pumped back into the U.S. economy. However, of the eligible Americans, an estimated 20 million who do not usually file taxes must report their earnings to the IRS to get the special refund.

If you want your stimulus check you need to file a return. If you're one of the Millions of tax procrastinators out there, you're thinking about how to file with only a few weeks to go. The IRS is urging people to file electronically through [irs.gov](http://irs.gov), an option they claim is more accurate, easier, and will get you your return faster.

David R. Williams, IRS Director, Electronic Tax Administration "Electronic tax filing is fast; safe...you can file that return with us electronically"

##### **COMMUNITY NEWS:**

Tonight, we continue our spotlight on the inland empire city of Fontana, one of the fastest growing cities in the nation. Karma Dickerson take us there.

#### NATIONAL NEWS:

President George W. Bush is urging the U.S. to decrease its dependency on fossil fuels. With this in mind, General Motors officials say they are doing their part by using landfill gases and as you'll learn in this next report, they have decreased their natural gas consumption by 21 percent since 2000 and expect to achieve a 25 percent energy reduction by the end of this year.

April 15th is quickly approaching; do you know all the tax credits you could be claiming?  
What about the amount you should be expecting from the economic stimulus?

#### SPORTS:

In sports, for most motorcycle enthusiasts riding is a way of life and for others it's a religion. Paul Higgins takes us to Cooks Corner to show us the spiritual side of biking.

April 15th is exactly two weeks away, are you prepared? Ann Xavier-Jones, Enrolled Agent and owner of State Wide Accounting & Taxes is here to talk to us about everything from the stimulus that is on everyone's mind to tax credits that many people over-look.

1. What is the Economic Stimulus Act and who gets what and when?
2. What about people who do not normally file a return?
3. What are the Education Tax Credits and how will it benefit my family?
4. What's the biggest thing people over-look when doing their taxes?
5. What is your opinion of Efiling?
6. Who should use a tax professional when filing and who is okay to do it on their own?

#### Celebrity Birthdays

#### ENTERTAINMENT NEWS:

This coming June Joshua Jackson is not only going to celebrate his 29th birthday but also his 20th anniversary in show business. After successfully shaking off his teen heart throb image earned after the Mighty Ducks trilogy and 5 years of Dawson's Creek, he now stars in the new psychological thriller, Shutter. He recently sat down to talk about it with our Ron Jacobsohn.

#### SPORTS:

Motorcyclists need every bit of protection they can get. Most often that means wearing a helmet and gloves and of course driving safe. Paul Higgins explains why hundreds of bikers made their way out to Cooks Corner to seek protection from a higher ground.

#### 5 DAY FORECAST

#### COMMUNITY CALENDAR

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

**OVERVIEW:**

Tonight on So Cal Life, we bring you to the premiere of *Nim's Island*, the latest whimsical adventure film from the creators of *the Chronicles of Narnia*, featuring a cast of Oscar-worthy actors. And we travel back to the Inland Valley for our spotlight on Fontana and the city's notable natives. Plus, we're all familiar with Jay Leno's extensive motorcycle and car collection. We tell you what to look for if you want to start your own collection.

**GENERAL INTEREST/COMMUNITY AWARENESS:**

It may be raining tonight but summer is right around the corner.

Are you ready for fire season? Well, one way to prepare is to remove dead vegetation

Within 100 feet of your doors. The 100-foot clearance will protect your home and give fire fighters room to work.

They may look like California firefighters, but these women are from another southern California department. As Christine Troung reports, hard labor is helping many find peace.

**COMMUNITY NEWS:**

Every week on So Cal Life, we feature a different city in the Southland to introduce you to a place you might not know about. Tonight we continue our feature on the city of Fontana and as Chad Rohn shows us, it's a town that more than one famous face calls home.

**HEALTH/FITNESS:**

How important is emotional stress to the pain you feel? Researchers are studying sufferers of fibromyalgia to find out just than. Tom Jordan brings us more.

**BEAUTY/GENERAL INTEREST:**

Think all hair brushes are created alike? Well our next guest begs to differ. We are in studio with beauty expert Sonia Zilberberg of the Jose Eber Salon in Beverly Hills who talks about getting the perfect brush for your hairstyle and type.

**ENTERTAINMENT NEWS:**

In entertainment, what do Jodi Foster and Abigail Breslin have in common?

Jodi Foster tells us how her young co-star reminds her of herself at that age.

Abigail Breslin reveals what was her favorite part of filming the fantasy-adventure flick *Nim's Island*, premiering this Friday.

***Celebrity Birthdays***

**ENTERTAINMENT NEWS:**

Fox has been virtually un-touchable since "American Idol" started its new season.

The growing amount of scripted programming helped C-B-S to pull closer to Fox Broadcasting in last week's primetime ratings.

Nonetheless C-B-S averaged 460-thousand less viewers than the 9-point-9-3 million Fox averaged. In third place was A-B-C with 8- million viewers, followed by N-B-C with 7 -million.

There aren't many kids' movies with a female heroine. *Nim's Island* pairs one of the current biggest child stars, Abigail Breslin, with one of the biggest child star of her time, Jodi Foster. Ron Jacobsohn reports from the premiere.

**GENERAL INTEREST:**

The car collector market has expanded substantially over the last several years. And what makes a car a collector's item is more than just its looks. So what else should be taken into consideration?

**COLLECTOR CARS**

**WEATHER**

**COMMUNITY CALENDAR**

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

**OVERVIEW:**

Tonight on So Cal Life we continue our spotlight on Fontana where we head to the only place in the southland where you can fulfill your desire to go 180mph around a NASCAR race track. And, the romantic comedy Run Fat boy Run is a mix of Hollywood talent and British humor directed by one of the country's favorite "friends" We'll have more at the premiere. Plus the Inland Valley Daily Bulletin's own columnist David Allen is in studio with us sharing a humorous side of the Inland Empire.

**COMMUNITY NEWS:**

It's time to promote peace in the southland. This is one of the best ways to honor the 40<sup>th</sup> anniversary of the assassination of Martin Luther King Jr. this weekend. The L-A city council says instead of killing each other residents should talk about the causes of violence -- for at least 40 hours. The "period to promote peace, justice and non-violence" will begin at 6:01 p.m. on Friday and end at 10:01 a.m. on Sunday.

**NATIONAL NEWS:**

April is Autism Awareness Month. The Non-profit group Autism Speaks and Chevrolet are collaborating to raise \$1 million for autism research. Chevrolet says it will provide a donation for every time a person goes to the Autism Speaks Web site and takes a virtual test drive of the 2008 Chevy Malibu. Autism is a complex disorder that health experts say is more common than pediatric cancer, diabetes and AIDS combined. Although autism is not specific to any particular race, ethnicity or social group, it is four times more common in boys compared to girls.

**COMMUNITY AWARENEES:**

With prom right around the corner parents need to be concerned with teen drivers. Car accidents are still one of the leading causes of death for teens. As you'll see in this next report, it's an issue everyone should address:

Drowning is the second leading cause of death from injuries for children ages 1-9. To help keep children safe while boating, fishing, or enjoying other water sports, the Boat US Foundation is sponsoring a Life Jacket Loaner Program for Kids, which provides US Coast Guard-approved life jackets on a daily basis for free. The foundation has over 350 locations nationwide loaning out jackets and the use of life jackets has already prevented three accidents.

**COMMUNITY NEWS:**

All week we've been showcasing the city of Fontana as part of our spotlight series, tonight, we head back to Fontana home to the California Speedway.

**ENTERTAINMENT NEWS:**

The premiere of Run Fat boy Run, Mission Impossible 3 star Thandie Newton reveals why filming the comedy was more like being on vacation than working.

David Schwimmer talks to Ron Jacobsohn about his debut as a director, which came as a surprise even to him.

**CELEBRITY BIRTHDAY**

Since Friends has gone off the air, David Schwimmer has worked hard to reinvent himself. And with his latest film Run Fat boy it looks like he might have done it. Run Fat boy Run is a British movie with an American director as our Ron Jacobsohn reports from the premiere.

**SPORTS:**

The introduction of a standard electronic control unit has eliminated need for traction control on Formula 1 race cars. The Bahrain Grand Prix is taking place this Sunday at the Bahrain International Circuit, located in the middle of the desert. Aerodynamic stability will be essential since race cars will be prone to wheel-spin on the sandy circuit. Here's more.

WEATHER  
CALENDAR

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

**OVERVIEW:**

Tonight on So Cal Life, could new information about tumors determine whether or not cancer patients should opt for chemotherapy? We'll bring you a special report. And in entertainment, we give you an update on the latest Oscar winners and nominees you can now watch from the comfort of your own home. Plus, we complete our spotlight on the Inland Valley City of Fontana, with a feature on their championship winning high school football team.

**ENTERTAINMENT NEWS:**

They have been on dancing with the stars. They have met celebrities like Brian McKnight and even danced in weddings, but this dancing duo still has an earlier bedtime curfew because Alex and Nicole are only ten years-old. And they love to swing, salsa and samba.

**FAMILY/HEALTH:**

Bonding with your child at a young age is crucial to their development. At one southland gym women are taking a new approach to spending time with their little ones. The interactive program allows parents to do much more than the normal playtime in the park. From yoga to sing-alongs, Gymboree has it all.

**HEALTH:**

To have or not to have chemo after surgery, it's a choice many patients successfully treated for early breast cancer has to face. As Tom Jordan reports, new findings about tumors could make the decision a little easier.

**GENERAL INTEREST:**

Our in studio guest is an expert in making art designed to produce a soothing effect; she joins us to tell us how she is using her gift to help others.

**ENTERTAINMENT NEWS:**

The newest Oscar winners coming out on DVD may show an interesting change in the way we watch movies.

**COMMUNITY NEWS/SPORTS:**

We continue our spotlight on the Fontana, California and the high school football team that has made a name for itself across the state.

**ENTERTAINMENT NEWS:**

Even though this year's Academy Award ceremony was the lowest rated telecast in history, the studios are hoping that's not because of the films that were nominated. Many of the Oscar winners are already available on DVD and now even more are coming out – Ron Jacobson has more.

**Celebrity Birthdays**

**COMMUNITY/SPORTS:**

In this week's community spotlight we head back to Fontana. Here's Chad Rohn with a look at the championship winning Kaiser high school football team.

**ENTERTAINMENT NEWS:**

This year more than ever we see the shift in the industry regarding Oscar winning movies. Usually they do well at the box office; this was not the case this year so studios are hoping to make their money back through DVD sales as Ron Jacobson reports.

**CALENDAR**

**WEATHER**

4/5/2008 6:00:00 IN5644 3 0:28:30 Kvmd-SoCal Life

KVMD is dedicated to bring programming to the nation's second largest market that is all about Southern California. "Southern California Life" is a news magazine show airing in primetime on KVMD TV. The show gives viewers a fresh new perspective on local news.

Southern California Life endeavors to focus on positive community issues including:

Education

Sports

Food

Consumer Needs

Real Estate

Health

Travel

Fitness

4/6/2008 6:00:00 IN5644 3 0:28:30 Kvmd-SoCal Life

Every week on Southern California Life, we showcase a different city in the southland. These "Spotlights" highlight the outstanding features of a city or town to promote the area and encourage people to venture outside of their backyards and enjoy everything from the snow-capped mountains in Big Bear to the wineries of Temecula, and the world famous shores of Huntington Beach. We are dedicated to introducing you to the wealth of vacation spots that are just a short drive away.

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

**OVERVIEW:**

Tonight on So Cal Life our Ron Jacobsohn talks to the multi-talented George Clooney about his new movie *Leatherheads*, where Clooney takes on the role of a football star as well as director and producer of the film. And our community spotlight shines on Rancho Cucamonga, a city that's making itself known for more than just its catchy name. Plus, does this guy look familiar? He should, he's had guest roles on some of the most popular shows on television. He joins us in-studio to discuss his experiences in Hollywood, and how he is using them to help other actors.

**COMMUNITY NEWS:**

The continuing housing crisis and resulting job losses will make 2008 the worst Year in modern history for the Inland Empire, a leading economist for the region said. "Going back to 1964, this is the first year we've ever had a net loss of jobs," said John Husing, president of Economics & Politics Inc. of Redlands.

**NATIONAL NEWS:**

What are the safest states for children in the U-S? *Parents* magazine recently did a study that discovered, among other things that kids are six times more likely to die from a violence-related injury in Alaska than they are in Massachusetts. Thirty-one states do not require basic safety devices like booster seats and bike helmets and 34 states have no safety standard for public playgrounds.

**COMMUNITY NEWS:**

Every week we showcase a different city in the Southland. Tonight, we take you back to our original spotlight city Rancho Cucamonga.

**HEALTH:**

One of the most common knee surgeries is the reconstruction of a torn A-C-L, the ligament that connects the thighbone to the shinbone. Now, as Tom Jordan reports, one doctor wants to make the procedure twice as good.

**ENTERTAINMENT NEWS:**

He's one of the most memorable guest stars in television – Markus Flanagan joins us on set to talk about his new book that's a must-read for actors at any stage in their career. At the premiere of *Leatherheads* Renee Zellweger reveals just how easy it was to convince her to be a part of the project.

*Office* star John Krasinski gets big laughs on TV, and in *Leatherheads* he tries his hand at bringing comedy to the silver screen. And Gene Autry, the only celebrity to have received five stars on the Hollywood Hall of Fame, receives yet another honor. Find out more after this break.

**ENTERTAINMENT NEWS:**

Academy Award-winning actor Charlton Heston, who may be best remembered for playing Moses in "The Ten Commandments," died over the weekend in his Beverly Hills home. Heston won a Best Actor Oscar in 1959 for *Ben Hur* and in 2003 he received the Presidential Medal of Freedom from President Bush at the White House. Heston was 84.

It finally happened! Two of the music industry's most powerful players have tied the Knot. After years of speculation, singer Beyoncé Knowles and rapper Jay-Z got Married on Friday according to reports from the couple's friends. There is no official Confirmation but insiders say the ceremony was followed by a lavish party at Jay-Z's apartment with a guest list that included Gwyneth Paltrow, and Beyonce's *Destiny's Child* mates Kelly Rowland and Michelle Williams.

George Clooney may be one of the most versatile actors in Hollywood. He's played everything from a master thief to an emergency room surgeon. Now, his latest picture about the early days of football has him acting, directing, and even writing. This reportedly has caused tension between Clooney and the Writer's Guild of America, which refused to give the Oscar-winner writing credit on the film. Ron Jacobsohn Reports from the premiere of the *Leatherheads* at the Chinese theatre.

Gene Autry will be posthumously awarded the sixth star on the Anaheim/Orange County Walk of Stars Monday for revolutionizing professional sports in Orange County by moving the California Angels baseball team to Anaheim in 1966. Autry's widow, Jackie, will accept the star during an afternoon ceremony at the intersection of Harbor Boulevard and East Shuttle Way. Anaheim Mayor Curt Pringle is also scheduled to speak.

**WEATHER**

**COMMUNITY CALENDAR**

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

**OVERVIEW:**

Tonight on So Cal Life our in studio guest has come all the way from Australia to show us some quick and easy ways to improve our homes. Plus, the first-ever Alvin and the Chipmunks movie is out on DVD and as we will find out, it may not be the last film starring the furry friends. And in our community spotlight we show you why Inland Valley residents no longer have to drive to Los Angeles for a taste of culture and great entertainment.

**NATIONAL NEWS:**

The International Monetary Fund, also known as the IMF, has released a report detailing the effects the housing market, climate change and commodity prices are expected to have on the global economy. The World Economic Outlook report indicates the real-estate market has slowed down in several developed countries. As concerns over climate change continue to rise, so do commodity prices. According to the IMF, these prices have risen an estimated 75 percent in real terms since 2000. The WEO reports better institutions and external liberalization are essential to the further integration among both commodity and non-commodity exporters.

**COMMUNITY NEWS:**

Every week we showcase a different city in the Southland and tonight, we take you back to Rancho Cucamonga.

**HEALTH/BEAUTY:**

We've all seen the signs of a bad fake tan. Orange streaks on the feet... brown hands... Not to mention an orange glow. But Kelly Lange seems to have found a solution:

The best part about the spray on tan is of course the safety. Melanoma is still the deadliest form of skin cancer – striking people in the prime of their lives. That means between the ages 20-40. So go ahead, spray that tan on. We won't tell

Scientists believe that women who have their ovaries removed may be at risk of Dementia. The team of experts found that the risk was especially high among young women who had one ovary removed by the age of 38. They believe the reason could be the loss of the female hormone estrogen, which may help prevent aging.

**ENTERTAINMENT NEWS:**

The human actors in Alvin and the Chipmunks dish about their animated co-stars at the DVD release party for Alvin and the Chipmunks.

**COMMUNITY INTEREST:**

With the housing market at historic lows, many people are looking for ways to improve the value of their home. A great way to do this is by making home improvements; often times, basic improvements go a long way. In studio with us is Jake Tyson an Aussie man known to his American fans as the Handsome Handyman. Jake is the creator of Redback tools and joins us to share some simple tips for do-it-yourself home improvement.

**ENTERTAINMENT NEWS:**

Alvin, Simon and Theodore first hit the air waves in 1961 but only earlier this year did they make their first motion picture. Ron Jacobsohn went to the DVD release party to hear from the cast how this movie changed their lives.

**WEATHER**

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

**OVERVIEW:**

Tonight on So Cal Life, the stars of the new documentary *Young at Heart* take the Rolling Stones approach to fighting aging... with music. We chat with them about their inspirational story. And our spotlight on Rancho Cucamonga takes us to a local vineyard that produces a bi-continental wine. Plus, are you tired of going to a bunch of different places to get your hair, makeup, nails, and shopping done? Our on-set guest has put all of your beauty needs under one roof.

**NATIONAL NEWS:**

Are you ready to trade in your Hummer for a Prius? Three in five American cars shoppers say skyrocketing fuel prices mean they will seriously consider buying a smaller car, according to a Kelley blue book survey last month. This doesn't even include the record-breaking prices set this week, when the average price of gasoline in California climbed nearly eight cents in just seven days.

So, is it better to fly? Maybe not. Cancelling a third of their flights, American Airlines took its MD-80 planes out of service for safety inspections for the second day in a row. Airline officials did not say how many flights at LAX or other California airports were affected, but said more than 850 flights nationwide were canceled today.

Who is making the grade? Low-cost carriers AirTran, Jet Blue and Southwest took the top three spots in a national survey of airline quality, but the industry overall did poorly most likely because of rising fuel prices and increasingly fed-up consumers. At the bottom of the list released Monday were Comair, American Eagle and in last place: Atlantic Southeast Airlines. The annual Airline Quality Rating survey found that more bags were lost, more passengers were bumped, more consumers complained and fewer flights arrived on-time than in the previous year. ATA, Aloha Airlines and Skybus stopped flying because of financial pressures.

**COMMUNITY NEWS:**

Every week we showcase a different city in the southland and tonight, we take you back to Rancho Cucamonga. Home to a winery that mixes the best of two worlds in one bottle.

**HEALTH:**

Macular ah-dee-mah is a diabetic complication of the eye. In 10 percent of all diabetics, high blood sugar causes damage to the retina. But as Tom Jordan show us, now oxygen may reverse the problem.

**BEAUTY:**

Do you ever want to sample beauty products before you buy them? Our in-studio guest offers a personalized approach to your needs that lets you try any product before you buy it.

**ENTERTAINMENT NEWS:**

In a refreshing break from Hollywood's obsession with youth, Ron Jacobsohn talks to a couple of film stars who are not afraid of aging. It's all coming up right here on southern California life, stay with us.

*Young at Heart* is a documentary about senior citizens who have managed to stay young in spirit through an unexpected pastime. We bring you more about this moving film that will show you a bright side of growing old.

**SPORTS:**

In sports, on the eve of the playoffs, Jim Murray talks to the go-to man in the Laker's camp.

**ENTERTAINMENT NEWS:**

Last night's episode of American Idol had the eight finalists performing inspirational songs, leading up to the annual fundraiser which raised \$76 million last year and earned the show a Governor's Award Emmy. Jason Castro's "Over the Rainbow" was one of the high points of the night, but elimination will be postponed until Thursday. Instead, airing tonight is the Idol Gives Back special, which has appearances by the three presidential front-runners as well as Hollywood royalty like Brad Pitt and Mariah Carey.

A group of New England seniors have found second careers as singers in a pop choir in the documentary *Young at Heart*. Our Ron Jacobsohn sat down with three of the choir members.

**SPORTS:**

As a player, Lakers assistant coach Brian Shaw was a 3 point shooting playmaker. Shaw is now getting a different perspective of the game.

**WEATHER  
CALENDAR**

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

**OVERVIEW:**

Tonight on So Cal Life, Mick Jagger takes on his first big screen starring role in the Rolling Stones documentary, *Shine a Light*. We'll take to him and the other Stones at the premiere. And our spotlight on Ranch Cucamonga introduces us to a notable native who is the oldest living artist with work in the Smithsonian. Plus our in-studio guest re-defines "personalized" accessories. The creator of the Delusions Eye ware whose designs can be seen on celebrities like Adam Sandler is in-studio with us.

**COMMUNITY NEWS:**

Every week we showcase a different city in the southland, tonight we take you back to Rancho Cucamonga as we profile artist Sam Maloof.

**ENTERTAINMENT:**

Summer is right around the corner and you know what that means...sand, surf and pretty girls in bikinis. Paul Higgins checks in with his special Surfer Girl.

**HEALTH/BEAUTY:**

Regardless of a woman's size, a new study finds they still suffer from self-esteem issues. The study finds that regardless if a woman is underweight or overweight, the majority are dissatisfied with their self-image, especially after looking at a beauty magazine. Health experts say these "false" images of perfection are unhealthy and unattainable by all – including the models who pose for these pictures. Doctors say society needs to emphasize to women that these images are not realistic and more attainable goals can be reached through a healthy diet and exercise.

**GENERAL INTEREST:**

If you experience jet lag.. Grab a pair of shades. Scientists have found that people can adjust their body clocks when traveling to different time zones by altering their light patterns. So if you want to avoid the feeling of sleepiness and muscle inefficiency caused by jet lag wear sunglasses. We've got the perfect pair of sunglasses for you. Earlier on our show we sat down with the creator of Delusions eye ware who has been creating custom glasses here in Los Angeles that have been featured on the big screen.

**ENTERTAINMENT NEWS:**

We take you to the premiere of Martin Scorsese's latest film, a documentary that gives fans a peek at 48 hours into the life of rock legends, the Rolling Stones. Rolling Stone Keith Richards is rocking on the big screen in the new documentary *Shine a Light*. We talk to him and the rest of the band at the movie's premiere.

**SPORTS:**

NBA star turned coach Brian Shaw, is seeing a different side of the game. We have the story after the break. Stay with us.

**ENTERTAINMENT NEWS:**

David Cook didn't show any stress on American Idol last week. But after the show, he was taken to Cedar Sinai for heart palpitations. Cook has high blood pressure and has been under tremendous stress the entire season because his brother has cancer.. During one of the first shows, David broke down and said he couldn't perform but changed his mind at the last minute. Good thing because he's winning over the judges including Simon Cowell who picked David as his favorite last week.

Almost two years ago, Oscar winning director, Martin Scorsese, decided to make a documentary about one of his favorite bands, the Rolling Stones. The result is *Shine a Light*, a two hour journey with one of the world's most popular bands. Our Ron Jacobsohn reports.

As a player, Lakers assistant coach Brian Shaw was a 3 point shooting playmaker. Shaw is now getting a different perspective of the game. Jim Murray has more....

**WEATHER**

**COMMUNITY CALENDAR**

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- Education
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- Real Estate
- Health
- Travel
- Fitness

4/12/2008 6:00:00 IN5610 3 0:28:30 Kvmd-SoCal Life

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4/13/2008 6:00:00 IN5610 3 0:28:30 Kvmd-SoCal Life SCL#475

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PERTENANT ISSUES AND PROGRAMMING:****OVERVIEW:**

Tonight on So Cal Life, at the premiere of Street Kings, the cast and crew talk about the blend of reality and fiction in their new crime drama. And our community spotlight takes us to San Juan Capistrano, a haven for nature-lovers in the increasingly urban Southland. Plus, did you know the biggest county in the country is located right here in Southern California? The District Attorney of San Bernardino County tells us how he's keeping Inland Empire residents safer.

**COMMUNITY NEWS:**

Mayor Antonio Villaraigosa gave his third State of the City address this afternoon at L-A-P-D headquarters where he outlined his plans for combating gangs. Villaraigosa also talked about the city's budget problems and layoffs of city employees.

**NATIONAL NEWS:**

As early as April 15th, the U-S could have a new largest airline carrier. The merger between Delta and Northwest Airlines would bump American Airlines to second place and may not only boost revenue but will also lower costs after jet-fuel prices increased up to 77 percent just this past year. After canceling more than 3,000 flights last week to inspect aircraft wiring, American Airlines says it is now back to normal. The airline has been returning all of their aircrafts to service, as well as taking full responsibility and giving refunds to passengers who were affected. The Federal Aviation Administration has recently been tightening up its inspections since being too lax with Southwest Airlines last year and is currently investigating 4 other airlines for missed inspections.

The time is ticking away as April 15th approaches, do you have your taxes filed yet? Well Tuesday is the last day to file your taxes or file for an extension without a penalty. And as incentive to file on time, those of you who file by the April 15th deadline may receive your refund in about 6 weeks and your stimulus check as early as May 2nd. You can file your taxes electronically or send it by mail, but it must be postmarked by the 15th.

**COMMUNITY NEWS:**

In this week's community spotlight we head to San Juan Capistrano located in South Orange County. As KVMD's Sherri Palmeri reports it's a city grounded in history. San Juan Capistrano is home to the swallow's parade.

**HEALTH/FITNESS:**

Every year, 1 in 4 Americans suffer from a food related illness. So are you getting your food clean enough? According to the American Chemical Society, washing your fruits and vegetables at home under the tap is not enough to get rid of bacteria. The U.S. Department of Agriculture suggests irradiation, in which food is exposed to ionizing radiation to kill microorganisms and bacteria, could reduce the numbers of food related illnesses. This does not mean you should stop washing your fruits and vegetables; instead, the new technique should be used in addition to it.

**COMMUNITY NEWS:**

Across the Southland organizations are commemorating victim's rights week April 13-19. In San Bernardino County, the Victim Services Division of the D-A's office will be hosting several events including: resource tables with outreach items at different locations, a Wall of Remembrance set up in the District Attorney's Offices in Victorville, Fontana, Morongo and Barstow, and a candlelight vigil at the Rancho Cucamonga City Hall on April 17.

**ENTERTAINMENT NEWS:**

The premiere of Street Kings where Training Day director David Ayer tells us that no matter how famous the actors who auditioned, talent was more important than a big name to get them into the movie.

**COMMUNITY NEWS:**

Every week we spotlight a different city in Southern California and many of them have been in San Bernardino County. Joining us today is San Bernardino County district attorney Michael Ramos who will shed some light on the largest county in the country.

**ENTERTAINMENT NEWS:**

Street Kings is director David Ayer's third movie dealing with the LAPD after Harsh Times and Training Day. In this one, Oscar winner Forrest Whitaker and Keanu Reeves are joined by the Fantastic Four's Chris Evans in another story of corruption.

**SPORTS:**

Listen up autograph hounds! Regardless of where you sit at Dodgers stadium, you can still get your favorite player's autograph. Remember that annoying rule that denied field-level access to fans without box seats? After just a few days, it's been dropped, and all autograph seekers are once again welcome on the field.

**WEATHER AND COMMUNITY CALENDAR**

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

**OVERVIEW:**

Tonight on So Cal Life, ever wonder what celebrities do in their spare time? We find out what the CBS stars were up to during the strike. Here's a hint, they're just like us. And our in studio guest is a celebrity photographer who is using the art of photography to ease the suffering of people in developing countries. Plus do you know when your stimulus check is coming? We've got the exact dates you can expect the money in hand.

**NATIONAL NEWS:**

It's April 15<sup>th</sup> and that means your taxes are due today, unless you file for an extension until October 15, 2008. This year, when you mail your taxes with the U.S. Postal Service, your return is considered filed if it's postmarked by April 15, and if taxes filed from your location need to be sent to a P.O. Box, the U.S. Postal Service is the only carrier who can deliver for you. And there's still time because if you're a last minute tax filer, some post offices will keep their doors open until midnight: including the Airport Station and the Main Office in L-A, as well as one office each in Pasadena, San Bernardino and Riverside.

For those of you waiting for your Economic Stimulus checks, they will be sent out in the order of the last two digits of the Social Security number used on your tax return. May second through 16<sup>th</sup> are the dates for those using direct deposit.

Tax payers who opted to get their refunds by check will be getting their checks considerably later. They will be mailed starting May 16<sup>th</sup> and will be receiving them all the way through July 11. Technology certainly has its benefits.

**ENTERTAINMENT NEWS:**

100 Days can be a very long time to be out of a job. So it is not so unexpected that the stars of primetime shows returning to the screen this week like CSI, Criminal Minds, Two and a Half Men, and The Big Bang Theory are very happy to be back at work as they share with our Ron Jacobsohn what they did while they waited for the strike to end.

**NATIONAL NEWS:**

This next story is one of those only in Hollywood ones...protestors dressed up as fruit juice during a recent rally.

A group of protestors from POM Wonderful held a rally in north Hollywood to raise awareness of misleading juice labels. Participants threw away juices that show a pomegranate on the front label, only to contain several non-natural ingredients including high fructose corn syrup, apple juice, and coloring. According to medical research, 100% pomegranate juice contains high amounts of antioxidants and provides heart and prostate health benefits.

**HEALTH/BEAUTY:**

Another juice is getting high marks from a local doctor.

Celebrity Dermatologist Dr. Howard Murad outlines in his latest book, a new plan of attack on cellulite. One solution? A very exotic fruit – GOJI berries. Dr. Murad says that Goji berries are the most nutritionally-dense foods on the market and refers to them as "cellulite assassins." The Goji Berry is found in the Himalayans.

Wonder why you can't drop a few pounds for spring? It could be your coffee.

Dieticians say frozen coffee drinks with whipped cream can contain more than 500 calories. With teen obesity on the rise, nutritionists recommend teenagers ask for low fat milk and smaller size drinks. This can cut the calories by more than half.

**COMMUNITY NEWS:**

Each year the City of San Juan Capistrano celebrates the arrival of spring with the arrival of the swallows and the annual Swallows Day Parade. Paul Higgins takes us there in tonight's Spotlight on San Juan Capistrano:

**ENTERTAINMENT/GENERAL INTEREST:**

Our guest took a break from photographing some of the most famous faces in Hollywood to bring the world of photography to AIDS orphans in Mozambique and South Africa.

**ENTERTAINMENT:**

We sat down with the stars of *The Visitor*, a story of two unlikely friends who find a connection through the beat of a drum. The actors of *The Visitor* talk about how they received a new perspective on a life that is often left unexposed.

*The Visitor* is the story of two people from different worlds coming together in a twist of fate in a post 9/11 world. Richard Jenkins of *Six Feet Under* and international actress Hi-am Abbass sat down with our Ron Jacobsohn to tell him this movie enlightened them about a world not many of us experience.

CALENDAR  
WEATHER

**TOPICS COVERED BUT NOT LIMITED TO:  
PERTENANT ISSUES AND PROGRAMMING:****OVERVIEW:**

Tonight on So Cal Life, we take you to the Hollywood premiere of the most watched Lifetime original movie in 13 years, *The Memory Keeper's Daughter*. Plus, ever wanted Catherine Zeta-Jones' cheekbones, how about Brad Pitt's jaw line? Well our in studio guest is making dreams like that a reality for people across the world. And our community spotlight on San Juan Capistrano continues with a trip to one of the oldest and most historically significant buildings in the city.

**NATIONAL NEWS:**

I'm sure you're as tired of hearing this as I am but, gas price have gone up once again. This is actually the third time this week we've seen an increase, with the cost of a barrel of gas reaching an all time high of one-hundred-fourteen-dollars a barrel. Analysts say we will see the prices reach \$115 a barrel very soon. Here's a look at some of the cheapest gas in the Southland. Orange County has the least expensive at \$3.55 for a gallon of regular unleaded. Your best deal in both L-A and Riverside Counties is \$3.59. San Bernardino offers \$3.60 a gallon, and the lowest in Ventura County is \$3.63. Mayor Antonio Villaraigosa will be in Washington DC today to lobby for more money for Southern California's infrastructure. Villaraigosa is part of a 150-member delegation of elected officials and business leaders, who will be in Washington until tomorrow, to meet with federal lawmakers on issues including aviation, public safety, education, housing, and climate change.

**COMMUNITY AWARENESS:**

We've all had our share of dealing with reckless drivers who go above the speed limit. In fact, a study in 2007 found that the average speed on freeways outside Los Angeles was 78 mph, well above the 70 mph limit. Beverly Hills residents are now trying to fight this dangerous habit by putting forth a bill to install cameras that capture the faces and license plates of speeding drivers. Although the attempt to pass a bill allowing speed-limit violator cameras in California was denied last year, several cities have approved the use of speed cameras and have already seen a 40% drop in injury crashes.

However, teens are some of the worst offenders. The concern about teen drivers is so great that the California legislature has declared this week "Teen Driver Safety Week". According to California Highway Patrol statistics gathered from 1996 through 2005, state that a driver between the ages of 15 and 19 is three times more likely to be involved in a fatal collision than drivers 30 years or older.

**COMMUNITY NEWS:**

According to DataQuick, the median price of Southern California homes dropped 24 percent in March with the median price at 385-thousand. Prices in L-A county, specifically, dropped 18-percent, making the median price of a home in L-A County last month 440-thousand, down from \$540-thousand last March.

**COMMUNITY NEWS:**

In today's spotlight on San Juan Capistrano we take you to the centerpoint of the community, Mission San Juan Capistrano.

**HEALTH AND SAFETY:**

Swimming is a popular pastime in California. Backyard swimming pools abound in our community. But to enjoy the benefits, you must know how to swim. As Tom Jordan explains, one local swim instructor is making sure that even the youngest learn how to enjoy the pool.

#### ENTERTAINMENT NEWS:

Our in-studio guest is a world famous plastic surgeon, specializing in giving everyday people the looks of some of the most famous faces in Hollywood. Hear about the amazing work ethic and attitude Down syndrome children brought to *The Memory Keeper's Daughter*.

Find out what caused big-screen movie actor, Dermot Mulroney, to sign on to the made-for-TV movie, *The Memory Keeper's Daughter*. And last night was an emotional one for *American Idol*; we bring you a re-cap of the performance that touched the country.

Last night, in a heart-wrenching *American Idol* performance, David Cook sang "Always Be My Baby", while his brother Adam Cook, now battling brain cancer, watched from the front row. Adam gave him a standing ovation and David walked down to hug his brother who sat in his seat. Despite his fragile state, Adam's doctors [allowed him to travel](#) to the *Idol* show accompanied by a medic and a nurse.

Based on the best selling novel by Kim Edwards, *The Memory Keeper's Daughter* is the story of a family falling apart because of a deep, dark secret. The cast includes Emily Watson and Dermot Mulroney and pairs them up with the director of *The Bodyguard* as Ron Jacobsohn found out at the Hollywood premiere.

#### SPORTS:

We're not sure if he's a Dodger fan, but Former Los Angeles Dodger manager Tommy Lasorda has been asked to attend Pope Benedict XVI's arrival ceremony at the White House as well as a private dinner hosted by President Bush tonight. Lasorda managed the Dodgers from 1977 to 1996 and is now a special adviser to the chairman. Lasorda has also met Pope John Paul II and all the U.S. presidents since Nixon.

#### WEATHER

#### CALENDAR

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

**OVERVIEW:**

Tonight on So Cal Life, its not too early to start thinking about Mother's Day, do you have a gift in mind? Our in-studio guest brings us some new ideas that are sure to delight any mom. And our spotlight on San Juan Capistrano takes us to the oldest neighborhood in California, where you can find the remnants of the Spanish empire alongside modern southland life. Plus, snowboarder Shaun White tells us what feat was even more challenging than winning an Olympic Gold Medal.

**NATIONAL NEWS:**

Delta Air Lines and Northwest Airlines have finally agreed to a merger, but it could be a bumpy ride before a deal is officially completed. The Air Line Pilots Association is badly split on the proposal, which would form the worlds largest airline. Pilots at Delta have endorsed the deal but pilots at Northwest are angry over the lack of a deal that would preserve their seniority.

Long lines at the airport and cancelled flights are enough to make anyone want to stay away from planes, but a new study shows that despite troubles in the airline industry, there are still as many Americans flying as ever. Last year was a record-setting year in the number of people traveling, and those figures are still holding steady so far this year. Domestic, international and business travel experts report high bookings, giving the industry some hope in spite of the slowing economy and rising gas prices.

**COMMUNITY NEWS:**

The Santa Monica Ferris Wheel, located on Santa Monica Peer, is perhaps one of the most iconic symbols of the Los Angeles area.

And beginning today the wheel and its 20 colorful gondolas are up for grabs on eBay, with the opening bid at \$50,000. However that only covers the wheel and the seats, not the base. Buying the entire ride will cost the winning bidder a minimum of 135-thousand dollars. The online auction began today and lasts until April 25. Half the winning bid will be donated to Special Olympics Southern California.

In this week's community spotlight on San Juan Capistrano we take you to Los Rios Street. As Sherri Palmeri reports, it's a must see for tourists because it's loaded with history, and has a unique claim to fame.

Forget the long, hot shower! Southern California residents will be asked to reduce their water use through a series of broadcast and print ads set to be unveiled Thursday by the Metropolitan Water District. The advertising campaign is part of a year-long effort by the MWD to get consumers to voluntarily conserve water.

**GENERAL INTEREST:**

Do you have trouble picking out the perfect gift for your loved ones?

Earlier on the show we sat down with the owner of a gift store which offers one-on-one service and helps you find a gift for any occasion.

**SPORTS/ENTERTAINMENT:**

Shaun White has been snowboarding down the Big Bear Mountains practically all his life. Up next, Brent Weber talks to the southern California native about bringing his passion onto the big screen in a snowboarding documentary.

**CELEBRITY BIRTHDAY**

**SPORTS:**

He won the gold at the winter Olympics, and he got his training right here in the southland. Brent Weber takes us on a ride with the flying tomato of snowboarding:

**WEATHER**

**COMMUNITY CALENDAR**

4/18/2008 19:30:00 IN5677 3 0:28:30 Kvmd-SoCal Life  
DATE: 4-18-08 FRIDAY  
TIME: 7:30 – 8:00 P.M.

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

**OVERVIEW:**

Tonight on So Cal Life we find out what shows will be staying and what shows will be saying goodbye as the new fall line-up for NBC is unveiled. Plus, we continue our spotlight on Long Beach as we climb aboard one of the most luxurious ocean liners ever built. And, it's the most coveted item in awards show swag bags, one of the creators of License to Bling joins us in studio.

**COMMUNITY NEWS:**

Last month marked the 50th anniversary of some of the biggest natural disasters in California, and now researchers say another one may lie ahead. In a geological forecast for the state, scientists predicted that California will be hit by a major earthquake sometime in the next year 30 years. There is more than a 99% chance that the quake will be a 6.7 magnitude – the size of the Northridge quake – and there is nearly a 50% chance that the quake will be a 7.5 magnitude, which would be catastrophic if it is centered under a big city. Experts recommend that California residents be prepared for an earthquake at any time by purchasing emergency supplies like flashlights and having an evacuation plan. So, how prepared are you? Tom Jordan tells us more.

**NATIONAL NEWS:**

Remember the days before cell phones? An entire generation of seniors got along fine without a cell phone. But now, there's a new organization that plans to help seniors get free cell phones for in case of an emergency:

**COMMUNITY NEWS:**

We complete our spotlight on Long Beach with a ride aboard the Queen Mary. Chad Rohn takes us there.

**HEALTH/SAFETY:**

Each year millions of Americans suffer from chronic wounds that fail to heal. The results can be infection, gangrene, and even amputation. But as Tom Jordan shows us, a high-tech bandage is in the works to change all that.

**BEAUTY:**

You probably have a license to drive, but do you have a License to Bling? Our Karma Dickerson sat down with a one of the masterminds of the latest "it" accessory in Hollywood. Stay with us.

**ENTERTAINMENT NEWS:**

"American Idol" gave Fox its 13th victory in the past 14 weeks in the primetime ratings race. Fox averaged 8.75 million viewers for its 15 hours of primetime programming between April 14 and 20th, according to Nielsen Media Research. Fox has finished first in all but one week since "American Idol" began its season January 15. The hit NBC show Heroes is releasing a soundtrack which includes artists as diverse as Bob Dylan, Wilco, David Bowie and the Chemical Brothers whose music apparently inspired some of the show's storylines. Our Ron Jacobsohn, a fan of the show, had to find out what this is all about.

**NATIONAL NEWS:**

Vehicles that operate without a driver are being tested by the U.S. Department of Defense. The Defense Advanced Research Projects Agency has created Boss, a Chevrolet Tahoe, designed to drive itself. This is something you have to see to believe:

**COMMUNITY CALENDAR**

4/19/20086:00:00 IN5677 3 0:28:30 Kvmd-SoCal Life SCL#484

KVMD is dedicated to bring programming to the nation's second largest market that is all about Southern California. "Southern California Life" is a news magazine show airing in primetime on KVMD TV. The show gives viewers a fresh new perspective on local news.

Southern California Life endeavors to focus on positive community issues including:

Education

Sports

Food

Consumer Needs

Real Estate

Health

Travel

Fitness

4/20/20086:00:00 IN5677 3 0:28:30 Kvmd-SoCal Life

Every week on Southern California Life, we showcase a different city in the southland. These "Spotlights" highlight the outstanding features of a city or town to promote the area and encourage people to venture outside of their backyards and enjoy everything from the snow-capped mountains in Big Bear to the wineries of Temecula, and the world famous shores of Huntington Beach. We are dedicated to introducing you to the wealth of vacation spots that are just a short drive away.

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

**OVERVIEW:**

Tonight on So Cal Life, our community spotlight takes you to the beautiful city of Long Beach fresh off this weekend's Long Beach Grand Prix, we take a look at some of the reasons why this city drives in millions of tourist each year. And our in-studio guest has some celebrity tested tips for success that she claims will put your career on the right track for success. Plus we take you to the premiere of Forgetting Sarah Marshall. Did it do as well as its predecessors Knocked Up and Super Bad last weekend at the box office? We'll let you know.

**COMMUNITY NEWS:**

L-A Mayor Antonio Villaraigosa unveiled a 7-billion-dollar budget this morning. The draft budget increases L-A city fees in order to eliminate a 406-million-dollar deficit. The mayor announced plans to generate 90 million in revenue by increasing the city's trash collection fee, which was increased just two years ago, parking, adopting a pet, play golf, LAPD) as well as the cost of parking, adopting a pet, playing a round of golf at a city course, and releasing a car from the L-A-P-D impound. The mayor says most of the city's resources will go to fighting crime and improving roads.

**COMMUNITY NEWS:**

Every week we showcase a different city in the southland. Tonight, we shine the light on California's fifth largest city, Long Beach; the city that offers both a big city feel, along with a beautiful relaxing beach that's right around the corner.

**NATIONAL NEWS:**

Do you remember last week when experts predicted that oil prices would hit \$115 a barrel soon? Well they underestimated. Oil prices have now spiked to a new high of \$117 a barrel after a Japanese oil tanker was hit by a rocket near Yemen. So we've searched to find the current lowest gas prices for drivers in the Southland. The lowest is Orange County with \$3.61 a gallon, and in Los Angeles the cheapest is \$3.64, San Bernardino has \$3.67, and Riverside and Ventura County are the highest with \$3.69-per-gallon.

In honor of Earth Day tomorrow, more than 40 grocery stores around LA have teamed up to distribute free reusable shopping bags to customers. Every year, the U.S. goes through 100 billion plastic shopping bags! Local grocery stores are encouraging all of us to stop using the bags, because they are never completely biodegradable.

**HEALTH/FAMILY:**

Being a parent of a sick child is emotionally and physically draining. Between school, doctor's appointments and treatments, you are thrown into a world where there is very little control and every decision can be critical to your child's wellbeing. But there is always hope. A new tool called the "Hope Binder" helps parents and patients manage the information related to fighting the disease.

**GENERAL INTEREST:**

We only have a few months before hand-held cell phones are banned in the car. So if you don't already have it, get ready for Bluetooth this summer:

**COMMUNITY NEWS:**

First the Santa Monica Pier Ferris Wheel and now the world-famous Hollywood sign is going up for sale! The sign was built 85 years ago and has been put up for sale along with the surrounding hillside for \$22 million by a real estate company that bought it from Howard Hughes' estate 6 years ago. The sale has sparked a resistance in LA residents, who are fighting to preserve the sign and oppose the building of mansions around the California landmark.

**ENTERTAINMENT:**

On our show we sat down with a success coach who has coached Emmy and Grammy winners along their road to success.

The creators of box-office hits Knocked Up and Super Bad have a new romantic comedy that's just as raunchy as you might expect. It's all coming up right here on Southern California Life. Don't go away.

We take you to the premiere of Forgetting Sarah Marshall, where your old favorites mix with some new faces in this comedy about heartbreak.

#### CELEBRITY BIRTHDAY

Jason Segel, who stars in the CBS show "How I Met Your Mother", wrote and stars in Forgetting Sarah Marshall, a movie about a guy dealing with rejection as our Ron Jacobsohn found out at the Hollywood premiere.

#### SPORTS:

It was a wild weekend at the 34th Annual Long Beach Grand Prix. When the crowd for The punk rock group Pennywise reached 4,500 people, Long Beach police barred the gates, only to have bottles thrown at them. This year, the big winners of the longest running "street" race in the US were Brandon Davis, who won the Speed GT Race, and Australian Will Power, who won the Champ Car Finale in his third series win.

Whose turn is it to win the MVP award in the NBA? Well, many voters insist that Kobe Bryant of the LA Lakers is next in line. Bryant's contagious energy has been known to lead the Lakers to many of their victories and he's been unofficially deemed the Best Two-Way Player in the Game. With Chris Paul of the New Orleans Hornets and LeBron James of the Chicago Bulls being much younger, many voters believe they will get their turn later.

#### WEATHER

#### CALENDAR

## **MOST PERTENANT ISSUES AND PROGRAMS**

### **TOPICS COVERED BUT NOT LIMITED TO:**

#### **OVERVIEW:**

Tonight on So Cal Life, today is Earth Day and our entire show is going green! We'll tell you about the latest in recycling, reducing, and reusing, and how the auto, food, and even the clothing industry are doing its part! Our in studio guest has created a line of men's wear that is both stylish and eco-friendly. Plus actor, director, and writer Ed Burns talks to us about his new project, and family life with his supermodel wife.

#### **NATIONAL NEWS:**

Earth Day is a time to celebrate and create ideas for the protection of our planet. So how are people turning green for Earth Day?

M-T-A has decided to dispense green MetroCards out of their vending machines. People celebrated with free concerts at the Green Apple Festival in

L-A and the celebration will continue thru Thursday at the San Juan Capistrano's Earth Day Fair.

In honor of Earth Day, Governor Schwarzenegger attended a conference where 18 states, California included, decided to take action on climate change and review state programs. The governor favors mandatory greenhouse gas emission cuts, and has even tried to pass a law that would require them in California.

#### **GENERAL INTEREST:**

What is the most recycled product in the US? Newspapers? Water bottles? Actually, the surprising answer is automobiles. According to the Environmental Protection Agency, 95% of all automobiles are recycled, beating both paper and plastic. Let's take a look:

#### **NATIONAL NEWS:**

If you own a diesel powered vehicle, salvation from high gas prices may be in your kitchen. It's possible to run a diesel engine on used fry oil, also known as Waste Vegetable Oil, or a mix of grease and diesel called bio-diesel. In theory you may never have to visit a gas station again, which would be nice considering prices are at an all time high.

Going green isn't always cost-effective, as organic food buyers will tell you. Rising transportation costs and crop shortages are now making organic food more expensive than ever, with organic bread costing up to \$4.50 and milk closing in on \$7 a gallon, more than a gallon of gas. Overall, food prices rose by 4% from last year, and THE U-S-D-A predicts they will rise by almost 5% this year.

As the push to be environmentally conscious increases, many of us try to practice what we preach - reduce-reuse-recycle. But according to the Environmental Protection Agency, 55 percent of everyday garbage and trash still ends up in giant landfills across the U.S. Now, a new extreme form of "going green" called "landfill free" is changing the landscape.

New research shows Greenland's ice sheet is cracking due to surface meltwater. This will cause a faster ice-sheet flow. The study was funded by the National Science Foundation and its findings have been published in the online journal "Science Express."

#### **ENTERTAINMENT:**

We learn what it was like for actor, Ed Burns, to act in his first ever horror film, "One Missed Call". We find out how supermodel Christy Turlington's husband, Ed Burns, balances his new family with his acting career.

#### **CELEBRITY BIRTHDAYS**

Ed Burns has made a name for himself as the as an actor/director/writer and husband to former supermodel, Christy Turlington. But these days he is doing something out of character, he is starring in Horror flick, *One Missed Call* that is hitting DVD. Our Ron Jacobsohn sat down with him for one-on-one.

#### **COMMUNITY NEWS:**

Tonight's spotlight on Long beach takes us back to nature and back in time. Chad Rohn shows us a historic site that offers a greener, more outdoorsy lifestyle that Southern California isn't accustomed to these days. Here's Chad Rohn:

#### **WEATHER**

#### **CALENDAR**

## **MOST PERTENANT ISSUES AND PROGRAMS**

### **TOPICS COVERED BUT NOT LIMITED TO:**

#### **OVERVIEW:**

Tonight on So Cal Life we spotlight the city of Long Beach and take you into the Aquarium of the Pacific, the perfect attraction for the city by the sea. Plus, Ron Jacobson takes us behind the scenes with the star of Fugitive Pieces for an exclusive interview about how she paid her dues during her transition to Hollywood. And in studio with us is, Kim from LA, here to tell us about her inspiring book Life as a Series of Presentations.

#### **NATIONAL NEWS:**

Yesterday as you all know was Earth Day, a day when corporations as well as their customers made an effort to be more environment-friendly. Now it seems that the green living trend will last more than just one day, as hybrid sales continue to go up. Over the last year, Americans bought over 350,000 hybrids, a rise of almost 40% from 2006, and California residents once again led the country in eco-friendliness with 26% of total hybrid sales. The Toyota Prius remained the most popular hybrid, and one reason for the car's popularity may be that it can get up to 48 miles per gallon.

#### **COMMUNITY AWARENESS:**

I'm sure you've heard about the dangers of kids on the internet and sexual predators. Now, there's new technology to help parents protect their kids. Here's a special report:

#### **COMMUNITY NEWS:**

Every week here on Southern California Life, we shine the spotlight on a different city in the southland. Tonight, we take you to the 5th largest city in California, and home of one of the world's largest aquariums, Long Beach.

#### **HEALTH/FITNESS:**

Are people not living as long anymore?

While life expectancy in the United States has risen steadily since the 1960s, a new study finds that in recent years life expectancy has stayed the same, and even declined, for two percent of women and four percent of men. It is believed that chronic disease, related to increases in smoking, high blood pressure and obesity are the cause of this trend.

It's the time of year to get in shape for summer. For many of us, that means 'a new' fitness program. Tom Jordan reports on a more accurate way for women to follow their progress. All you need to know is your age and your 'mets' number.

#### **SPORTS:**

This weekend UCLA is hosting the LA Times Festival of books, and earlier on our show we interviewed one of the event's featured authors. Kim Dower, tells us about her book, Life as a Series of Presentations.

#### **ENTERTAINMENT NEWS:**

American Idol went from L-A to Broadway last night, we'll take a look at some highlights. And, she's a household name in Israel but a relative newcomer to Hollywood. Actress Ayellet Zurer of the upcoming Fugitive Pieces talks to us about moving her career across continents. Plus we give you another look at Long Beach as we continue our spotlight with Rancho Los Cerritos.

If you love Broadway music, last night's American Idol was the show for you. In a fast-beat number and flirty, red dress, Syesha worked the stage, interacting with the band, and impressing the audience with her rendition of One rock-and-roll too many by starlight express. Maybe she missed a beat or two, but her enthusiastic performance covered those minor flubs. Eliminations are tonight and the buzz is that Brooke White may be the one to go.

We have seen Ayellet Zurer in Munich and most recently in Vantage Point. The Israeli beauty is quickly making a name for herself in Hollywood. Ron Jacobson chatted with her about her latest picture, Fugitive Pieces.

#### **CELEBRITY BIRTHDAYS**

#### **SPORTS:**

The Lakers are battling it out in Game 2 of the playoffs tonight at the Staples Center. The West's top-seeded team beat the Denver Nuggets in Game 1. As Lakers fans chanted "D-U-I" in reference to Carmelo Anthony's recent arrest for possible drunk driving, the Lakers pulled off their 128-114 win at the Staples Center this past Sunday. Let's see if they can do it again tonight.

#### **WEATHER**

#### **COMMUNITY CALENDAR**

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

**OVERVIEW:**

Tonight on So Cal Life our spotlight on Long Beach shows us a spooky side of the city as we board the most luxurious, and perhaps most frightening ocean liner ever built. And two pioneers of the conscious clothing movement join us to talk about their clothing line that is helping war victims one necklace at a time.

**COMMUNITY NEWS:**

Having trouble selling your home? Well nationwide there was a worse-than-expected 2-percent drop in sales of single-family homes and condos from February to March. And in the southland, the number of L-A County homes on the brink of foreclosure jumped by 130 percent in the first quarter of this year. Statewide loan-default numbers have reached their highest level in at least 16 years, according to Dataquick. But, the plummet in housing prices and new mortgages forced underwater, are necessary to create housing demand, according to experts.

We continue our look at the city's that make southern California so unique. Today David Wylie looks at Corona, an Inland Empire city with a circular history.

A postage stamp honoring Los Angeles newsman Ruben Salazar was unveiled earlier this week and is now available at post offices. The L-A Times columnist, who was killed during a Vietnam War protest in 1970, devoted his life to giving a voice to the Mexican American community right here in Southern California. Now, his work is being honored by the US Post Office journalist collection.

**GENERAL INTEREST:**

In the North West of Mexico, Guanajuato is famous worldwide for many things, but there is one attraction in particular for the tourist. The cemetery museum of the mummies, where you can see mummified bodies created by the mineral action of the special soil of this place.

**NATIONAL NEWS:**

"Carry one, carry all in HD" is the new idea the FCC has for Dish and DirectTV. But, instead of making February 2009 the deadline to provide subscribers with high definition television, the FCC has agreed to allow satellite companies to provide H-D market-by-market. This is as long as they provide a certain percentage of markets with HD each year and finish by 2013.

**GENERAL INTEREST:**

Karma Dickerson sits down with two sisters, who are using clothing to bring attention to war victims around the world. And do you ever wonder what inspires movies? Well, we'll introduce you to a film that was based on just one sentence.

**ENTERTAINMENT NEWS:**

A "royal musician" will be headlining one of the most popular So Cal Concerts this weekend. And in entertainment, the most influential spiritual leaders talk about the new film, The Moses Code.

**SPORTS:**

We give you a look at how Panasonic Toyota Racing comes into play with formula one racing.

**ENTERTAINMENT NEWS:**

Prince will headlined last weekend's Coachella fest. India's normal population of just 80,000 may double this weekend as thousands of visitors jam freeways and roads while braving mid-90s heat for the three-day concert. Rock fans are expected to camp out and fill local hotels as they flock to the annual Coachella Valley Music and Arts Festival starting Friday.

**GENERAL INTEREST:**

The people who brought us the The Secret, are now claiming to have found a new code to make our lives more meaningful. This time it is based on the Old Testament as our Ron Jacobsohn reports.

**CELEBRITY BIRTHDAYS**

Formula 1 is all about racing but away from the competitions, a different kind of race is fundamental to the workings of Panasonic Toyota Racing.

**WEATHER**

**COMMUNITY CALENDAR**

4/25/2008 19:30:00 IN5663 3 0:28:30 Kvmd-SoCal Life SCL#647

KVMD is dedicated to bring programming to the nation's second largest market that is all about Southern California. "Southern California Life" is a news magazine show airing in primetime on KVMD TV. The show gives viewers a fresh new perspective on local news.

Southern California Life endeavors to focus on positive community issues including:

- Education
- Sports
- Food
- Consumer Needs
- Real Estate
- Health
- Travel
- Fitness

4/26/2008 6:00:00 IN5663 3 0:28:30 Kvmd-SoCal Life SCL#647

Every week on Southern California Life, we showcase a different city in the southland. These "Spotlights" highlight the outstanding features of a city or town to promote the area and encourage people to venture outside of their backyards and enjoy everything from the snow-capped mountains in Big Bear to the wineries of Temecula, and the world famous shores of Huntington Beach. We are dedicated to introducing you to the wealth of vacation spots that are just a short drive away.

4/27/2008 6:00:00 IN5663 3 0:28:30 Kvmd-SoCal Life SCL#647

KVMD is dedicated to bring programming to the nation's second largest market that is all about Southern California. "Southern California Life" is a news magazine show airing in primetime on KVMD TV. The show gives viewers a fresh new perspective on local news.

Southern California Life endeavors to focus on positive community issues including:

- Education
- Sports
- Food
- Consumer Needs
- Real Estate
- Health
- Travel
- Fitness

4/28/2008 19:30:00 IN5664 3 0:28:30 Kvmd-SoCal Life SCL#648

KVMD is dedicated to bring programming to the nation's second largest market that is all about Southern California. "Southern California Life" is a news magazine show airing in primetime on KVMD TV. The show gives viewers a fresh new perspective on local news.

Southern California Life endeavors to focus on positive community issues including:

- Education
- Sports
- Food
- Consumer Needs
- Real Estate
- Health
- Travel
- Fitness

4/29/2008 19:30:00 IN5665 3 0:28:30 Kvmd-SoCal Life SCL#649

Every night on Southern California Life we feature an in-studio interview with southland residents who are making a difference in their community and the world. Our guests include doctors who have developed cutting edge technologies, designers who have created the most sought after fashions in Hollywood, musicians displaying some rare talents, plus authors, dancers, artists, real estate experts, you name it.

4/30/2008 19:30:00 IN5666 3 0:28:30 Kvmd-SoCal Life SCL#650

Southern California is home to some of the most advanced medical facilities in the world. Our health and fitness segments examine health, medical, and fitness breakthroughs that are impacting people's lives across the Southland. These wellbeing segments also offer guidance for a healthier lifestyle through nutritional and exercise advice.

On Southern California Life we take a more personal approach to local sports coverage. Chad Rohn and Jim Murray bring you in-depth features on the athletes, coaches and institutions that make So Cal Sports the best in the world.

5/1/2008 19:30:00 IN5667 3 0:28:30 Kvmd-SoCal Life

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

**OVERVIEW:**

Tonight on So Cal Life we take you to the city of Corona and visit the perfect spot to relax and get away from the stress of daily life. Plus, if you have passion for fashion and for helping others, our in-studio guest has the perfect product for you. And in entertainment we get a chance to look at Harmony Korine's newest flick, Mister Lonely.

**COMMUNITY NEWS:**

In the first three months of this year there were more than three times as many foreclosures in Riverside County than the same time last year.

20-THOUSAND mortgage default notices, auction sale notices

and bank repossessions were recorded in RIVERSIDE County IN THE LAST THREE MONTHS, according to realtytrac. RIVERSIDE AND SAN BERNARDINO COUNTY HAVE THE 3<sup>RD</sup> AND 4<sup>TH</sup> LARGEST AMOUNTs OF foreclosure activity IN THE STATE.

Glen Ivy Hot Springs Spa has been named one of the top spas of the country. David Wylie takes us there.

**HEALTH/COMMUNITY AWARENESS:**

THIS NEXT STORY HAS FORCED ME TO GET MY CAR CLEANED MORE OFTEN. IF you DRINK COFFEE AND YOU HAVE KIDS, EXPECT TO FIND HIGHER GERM LEVELS IN YOUR CAR, since mold and bacteria are attracted to sugary substances. LET'S FIND OUT HOW to kill those unwanted germs:

**BEAUTY:**

Our guest is using stylish accessories to help African Mothers.

**ENTERTAINMENT NEWS:**

Dancing with the Stars certainly got its share of drama Monday night when international film star, Cristian de la Fuente, started grabbing his arm during the second dance and ended with a fall to the floor with his partner. The show cut to a commercial and upon returning Cristian stated he had a severe muscle cramp. The resulting score was 46/60 for both dances before the injury. During eliminations we found out the sympathy votes will keep him dancing while Shannon Elizabeth headed home.

Harmony Korine has made a name for himself as a song writer with Bjork, screenwriter for such acclaimed movies like Kids and directing his own movies with finances through independent production companies. His latest flick, Mister Lonely, taps into a fantasy world where celebrity impersonators all live in one commune. Ron Jacobsohn has more

After hosting the Coachella Music festival last weekend, Indio will see yet another musical event with the Stagecoach Festival this weekend. Headlining the country festival will be the Eagles, Rascal Flatts, and Tim McGraw. But first, Tim McGraw is celebrating his birthday. The country singer is turning 41 today.

WEATHER

CALENDAR

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

As we continue our week long look at the Inland Empire city of Corona...David Wylie shows us a business where celebrities come for a Pimped out Ride.

**GENERAL INTEREST NEWS:**

When the rich and famous want a car that is bling bling...the place they go to is West Coast Customs in Corona. Featured on MTV's Pimp My Ride, West Coast Customs is world famous for building customized cars with the latest technology and attention to detail. Clients include Shaquille O'Neal Snoop Dogg, Arnold Schwarzenegger and even foreign royalty. The brainchild behind West Coast Customs is founder Ryan Friedlinghaus who borrowed \$5000 from his grandfather in 1993 and turned an idea into a multi million dollar operation.

Today West Coast has expanded its operations internationally with franchises in Malaysia, Russia and Dubai.

From the moment you arrive at West Coast Customs in Corona it's clear this is not your typical auto body shop. From the stylized sign out front to the chain link and razor wire in the lobby and customized graffiti on the walls...everything about West Coast says raw and from the streets. And that's the way they like it and so do the rich and famous...this is where people with money come to fulfill their automobile fantasies.

So how does it all work...Big Dane took us on a behind the scenes tour of the West Coast Customs shop.

**GENERAL INTEREST:**

Do you believe in love at first sight? Well, what about 8 minutes? Here's a new way to find love with Jessica Rivera:

**COMMUNITY NEWS:**

Southland Farmers are in a league all of their own when it comes to growing top quality produces. The best selection of fruits and vegetables from certified farmers is right here in L.A. at the laCienega Farmers Market. Just south of Beverly Hills on La Cienega Blvd is a spot where people can gather and shop for great quality foods... and more. Cynthia Ojeda explains the benefits...

Grower, David Chung explains how he got started with organics...

**HEALTH AND FITNESS:**

Each year millions of Americans suffer from chronic wounds that fail to heal. The results can be infection, gangrene, even amputation. But as Tom Jordan shows us. A high-tech bandage is in the works to change that.

We've all heard the expression time heals all wounds. But wounds caused by diabetes, surgical incisions and other conditions can take months, even years to

And one of our challenges in today's wound care society is that we don't have really good mechanisms for diagnosing um, infections in a timely manner.

That got university of Rochester researchers thinking. What if a bandage could be made "smart" enough to \*spot\* early signs of infection?

A lot of innovation is being conducted currently in research on healing chronic wounds with hydro gel technology. We had the idea to advance that a step further. Scientists developed a prototype for a "smart" bandage - a dressing with a sensor that detects when harmful bacteria is building up in a wound, known as over-colonizing a wound. The stage before it becomes overtly infected. And so by treating wounds when they're Over- colonized, you're preventing them from getting infected. The thin sensors would not only detect bacteria, but identify the type of bacteria with different colors.

Ideally, a quick check at home or in the doctor's office could monitor healing and head off infection. And that's when you have those symptoms of pain, drainage, fever, and you're just a miserable person. If we can prevent people from you know, going through this misery, why not? A "smart" way for patients to get time on their side.

**COMMUNITY NEWS:**

When Len Ripley was younger, he was a surfer. But he became a police officer and gave up his hobby. Now he's a grandfather, and a pastor and he's surfing again. As Reed Galin reports, he likes to take his worship outside the church walls and into the waves.

**HEALTH/BEAUTY:**

Our beauty expert Debbie Carey has another exciting product to tell us about tonight; she joins us now in studio with more...

#### ENTERTAINMENT NEWS:

93-year-old Mimi Weddell has made a career of portraying different obscure characters in TV shows and movies shot in New York City. About 10-years ago, documentary filmmaker, Jyll Johnston, decided to capture this exocentric actress in her day-to-day life and the result is a fascinating portrayal of a struggling actress with the undying sense of hope. Our Ron Jacobsohn had the opportunity to sit down with the 93-year old actress to get a lesson or two for life.  
Mimi Weddell

#### CALENDAR

#### CREDITS

5/3/2008 6:00:00 IN5667 3 0:28:30 Kvmd-SoCal Life

On Southern California Life we take a more personal approach to local sports coverage. Chad Rohn and Jim Murray bring you in-depth features on the athletes, coaches and institutions that make So Cal Sports the best in the world.

5/4/2008 6:00:00 IN5667 3 0:28:30 Kvmd-SoCal Life

Every night on Southern California Life we feature an in-studio interview with southland residents who are making a difference in their community and the world. Our guests include doctors who have developed cutting edge technologies, designers who have created the most sought after fashions in Hollywood, musicians displaying some rare talents, plus authors, dancers, artists, real estate experts, you name it.

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

**OVERVIEW:**

Tonight on So Cal Life, we take you to the premiere of "Made of Honor" to find out why Patrick Dempsey is more than just a nice face to look at. And our in-studio guest is brining some humor into the lives of expectant mothers with some unique good-fortune gifts that have won over Hollywood celebrities. Plus, we shine our community spotlight on Mammoth Lakes, a year-round vacation destination that is gaining a reputation as the Vail of the west coast.

**NATIONAL NEWS/COMMUNITY NEWS:**

Did you know that Cinco de Mayo is not Mexico's Independence Day? Well here's a little history for you: Cinco de Mayo began as a way to celebrate the Mexican victory over the French at the Battle of Puebla in 1862. It has been celebrated in California since then, and this year is no exception. The Los Angeles Dodgers have live Mariachi bands tonight at Dodger Stadium.

**NATIONAL NEWS:**

Good news for L-A, but bad news for Pittsburgh! After almost a decade of being the top most polluted city in the U.S., L-A has been replaced by Pittsburgh.

Mayor Villaraigosa thanked members of the American Lung Association and said for the first time, it felt good to be in second place. Despite the good news, half of the California counties still failed the air quality check. California has tightened engine and emission standards over the last decade, which has lowered state pollution levels by almost a third.

With oil prices soaring with no end in sight, it's important to make sure we are getting the most out of our mileage. Here are some ways to make a trip to the pump a little less painful.

Even with these tips, gas prices are changing the way we buy cars. While April sales of new vehicles in the United States dropped to their lowest level since 1992, figures also show that US consumers are buying smaller cars with better fuel economy over trucks and S-U-V'S. In fact, truck sales have been plummeting; only 38 percent of vehicles sold in April were trucks or SUVs, the smallest percentage in more than a decade.

If you're more concerned about speed, General Motor's latest Corvette is the fastest to date! The Z-R-I corvette can reach top speeds of 205 miles-per-hour (mph) or 330 kilometers-per-hour (km/h).

**COMMUNITY NEWS:**

Every week we highlight a different city on our show and today we shine our spotlight on the city of Mammoth Lakes nestled in the Sierras.

**HEALTH/FITNESS:**

One of the most common knee surgeries is the reconstruction of a torn A-C-L, the ligament that connects the thighbone to the shinbone. Now, as Tom Jordan reports, one doctor wants to make the procedure twice as good.

**GENERAL INTEREST:**

This Sunday is Mother's Day and earlier our Karma Dickerson sat down with the creator of a must-have gift for mommies to be.

**ENTERTAINMENT NEWS:**

Carrie Underwood performed at The Stagecoach Country Music Festival this weekend in Indio. She also took the number 2 spot in People Magazine's "The Most Beautiful People in the World" list. Although another blonde, Kate Hudson, took the top spot, this Year's list was pretty diverse including actors: Marcia Cross and Brad Pitt as well as Miami Dolphins and Dancing with the Stars' Jason Taylor.

There is a beautiful couple section that features Eva Longoria and Tony Parker, and even a section of brave actresses posing with no make-up. So, how do you make the cut? Well, People magazine's Julie Jordan had this to say:

Take Sot Julie Jordan People Magazine "There are a lot of beautiful faces....future issues":25

Patrick Dempsey, who is better known these days as "Dr. McDreamy" on ABC's Grey's Anatomy, returns to the genre that started his career, romantic comedy. But this time around, he does it with slapstick humor as our Ron Jacobsohn found out at the premiere of *Made of Honor*.

**SPORTS:**

After anxiously waiting for the past six days, the Lakers finally got to play in last night's Game 1 of the Western Conference Semifinals. Kobe Bryant was especially excited to play, but not just because he hadn't played in a while. For the first time in his career, Kobe had won MVP. He led the team to beat the Utah Jazz and is hopeful to keep it a perfect season when they play Wednesday night at Staples Center.

**WEATHER**

**NEW COMMUNITY CALENDAR**

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

**NATIONAL NEWS:**

It's the 20<sup>th</sup> anniversary of safe kids use, and they have reported some good News. Accidental injury-related deaths for children 14 and under have dropped by 45 percent since 1987. But there's still room to improve.

For example, 31 percent of households with children 14 and under do not always make sure their child rides in the back seat of a car, and 24 percent do not supervise their children around water all the time. Although there's been a decline in accidental death, childhood suffocation has increased by 21 percent since 1987.

Every 40 seconds a child is reported missing in America, a staggering statistic that the Amberwatch foundation hopes to change. Lisa Sedillo reports from the launch party:

Here's a few alarming statistics. The average American child will have watched 100,000 acts of televised violence, including 8,000 murders, by the time he or she finishes the sixth grade. Contrast these numbers with the American Academy of Pediatrics' recommendation that a child watch no more than one to two supervised hours of TV a day. The result? Experts suggest all this TV watching has three main effects on children:

- 1) They become less sensitive to the pain and suffering of others
- 2) They become more fearful of the world around them
- 3) They are more likely to behave toward others in aggressive or harmful ways.

**COMMUNITY NEWS:**

Tonight we continue our spotlight on the city of Mammoth Lakes. Home to great dining you might not expect to find in a mountain town.

**NATIONAL NEWS:**

I bet you didn't know this is National Arson Awareness Week. Concern about lighters that resemble toys, and the dangerous temptation they pose in the hands of children, are the themes of Arson Awareness Week this year.

If you're thinking about sending your kids to camp this summer you might want to reevaluate that thought and get them vaccinated. The United States is facing its largest measles outbreak in seven years, and measles spreads fast. Officials blame a spike in the number of travelers bringing measles in from Israel and Europe. Once in the United States, measles has been able to take hold because more and more people are choosing not to get vaccinated. You can take your children to any health department to receive vaccination for the disease.

**COMMUNITY NEWS:**

The internet is bringing families together. At least that's the hope of a local psychologist. Doctor Nancy dean of rancho mirage has debuted a national radio program based right here in southern California. As tom Jordan explains... the subject is all in the program's title.

***CELEBRITY B-DAYS***

**HEALTH NEWS:**

Tour de France legend lance Armstrong has been busy getting the word out on the fight against cancer... Brent Weber has an update on Armstrong's efforts in cyber space to help the cause:

**WEATHER**

**COMMUNITY CALENDAR**

5/7/2008 19:30:00 IN5670 3 0:28:30 Kvmd-SoCal Life

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

**OVERVIEW:**

Tonight on So Cal Life we continue our Spotlight on Mammoth Lakes where a new village has big plans for this already booming city. Plus our in studio guest brings us jewelry as unique as the women who wear it .... And in entertainment we take you to the farm as we talk to the cast of the new reality show, Farmers Wife.

**ENTERTAINMENT NEWS:**

Well, there might be another strike in the near future, but this time, it'll be the actors. The Screen Actors Guild's had offered to negotiate until they reached a deal with the Alliance of Motion Picture and TV Producers. However, after 18 days and no progress, the AMPTP put the peace talks on hold to focus on the American Federation of TV and Radio Artists, whose contract also expires soon.

**NATIONAL NEWS:**

I bet you didn't know this is National Arson Awareness Week. Concerns about lighters that resemble toys and the dangerous temptation they pose in the hands of children are the themes of Arson Awareness Week this year.

**COMMUNITY NEWS:**

All week we are highlighting the beautiful city of Mammoth Lakes, a city that has nightlife, wildlife, and relaxation all in the same place.

**GENERAL INTEREST:**

Hallmark is launching a new recordable greeting card line where senders can narrate their messages rather than write it out.

Using the Recordable Cards With Music, a senders can record a 10-second voice messages, accompanied by a song clip. The new line will be available for Mother's Day, and Hallmark officials are providing free recordable cards for kids with military moms overseas.

**COMMUNITY NEWS:**

The internet is bringing families together. At least that's the hope of a local psychologist, Doctor Nancy Dean has a national radio program based right here in southern California. As Tom Jordan explains, the subject is all in the program's title: How about jewelry from Tahiti for mother's day gift? Our guest makes jewelry inspired by the tropical island and has celebrities lining up for it.

**ENTERTAINMENT NEWS:**

Well, it's down to the final four. And tonight, one of the contestants will be going home as American Idol continues its search for its newest superstar. Last night, David Archuleta won over the crowd and the judges as he sang "Stand By Me" and "Love Me Tender" for this week's theme of Rock and Roll Classics. Unfortunately, David Cook, who was expected to own the night, did not live up to his anointed rock boy status. Which leaves us wondering, who will go home?

**SPORTS:**

Just recently an unexpected turn of events caused many to rise against the sport of horse racing. As Big Brown and his jockey joyously won the Kentucky Derby, a filly named Eight Belles broke both ankles and was put to sleep moments later. PETA, People for the Ethical Treatment of Animals, is demanding a ban on whipping horses and wants to see positive changes in the treatment of these animals. Our very own Jim Murray produced a segment about the horse racing industry that exposes the changes ahead.

**WEATHER AND COMMUNITY CALENDAR**

5/8/2008 19:30:00 IN5671 3 0:28:30 Kvmd-SoCal Life SCL#657

Every week on Southern California Life, we showcase a different city in the southland. These "Spotlights" highlight the outstanding features of a city or town to promote the area and encourage people to venture outside of their backyards and enjoy everything from the snow-capped mountains in Big Bear to the wineries of Temecula, and the world famous shores of Huntington Beach. We are dedicated to introducing you to the wealth of vacation spots that are just a short drive away.

5/9/2008 19:30:00 IN5671 3 0:28:30 Kvmd-SoCal Life SCL#656

KVMD is dedicated to bring programming to the nation's second largest market that is all about Southern California. "Southern California Life" is a news magazine show airing in primetime on KVMD TV. The show gives viewers a fresh new perspective on local news.

Southern California Life endeavors to focus on positive community issues including:

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- Real Estate
- Health
- Travel
- Fitness

5/10/2008 6:00:00 IN5671 3 0:28:30 Kvmd-SoCal Life SCL#656

Southern California is home to some of the most advanced medical facilities in the world. Our health and fitness segments examine health, medical, and fitness breakthroughs that are impacting people's lives across the Southland. These wellbeing segments also offer guidance for a healthier lifestyle through nutritional and exercise advice.

5/11/2008 6:00:00 IN5671 3 0:28:30 Kvmd-SoCal Life SCL#656

On Southern California Life we take a more personal approach to local sports coverage. Chad Rohn and Jim Murray bring you in-depth features on the athletes, coaches and institutions that make So Cal Sports the best in the world.

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

**OVERVIEW:**

Tonight on So Cal Life we shine our community spotlight on Hermosa Beach, known for its perfect waves and relaxing beaches. And the weather is soon to start heating up; our in-studio guest shows us a new convenient method of protecting our skin from the sun. Plus in entertainment, Ron Jacobsohn takes us behind the scenes on a sitcom crossover that had the writers of Two and a Half Men exploring the set of CSI.

**NATIONAL NEWS:**

With gas prices reaching record highs every week, it might seem like it's cheaper to fly. Well, the three biggest airlines have just raised the price of a roundtrip by \$20 to cover their rising fuel costs. Delta, United, and American Airlines have all been suffering from increasing jet fuel prices. In addition to raising the fuel surcharge, they are also cutting back on flights and charging extra for bags and legroom.

A group that doesn't like cars has begun mass bike-riding protests on Westside freeways. A group calling itself the "crimanimals" has claimed credit for organizing a ride of about 30 cyclists last Friday on the crowded (10) and (405) freeways.

**COMMUNITY NEWS:**

Hermosa Beach is one of the best places to live in the south bay. Reporter Rhonda Hines finds out what makes this beach city so unique.

He's made jewelry for the likes of Elizabeth Taylor. His work is legendary and right here in the southland. We caught up with Jacques Joailler in Beverly Hills:

**GENERAL INTEREST:**

So what do you do if your teenager refuses to wear sunscreen? Our guest is a mother who invented a unique product to help other mothers save lives.

**ENTERTAINMENT NEWS:**

CSI gets an extra dose of Hollywood with a sitcom diva that gets what she deserves in a special crossover episode. Stay with us.

Our entertainment reporter Ron Jacobsohn talks to a sitcom diva who takes a special crossover in the unlikely pairing of two hit shows. Plus for those of you out there who think WWF wrestling is a whole lot of pretending, our Paul Higgins begs to differ.

**Celebrity Birthdays**

CSI and Two and a Half Men switch writers for the May Sweeps. You can catch the newest episodes of these shows featuring some new faces this Thursday. Ron Jacobson tells us more.

**SPORTS:**

The Dodgers helped celebrate Mother's Day with pink bats. Once again Major League Baseball joined the Susan G. Komen for the Cure Foundation with their "Going to Bat against Breast Cancer", generating awareness about the disease. One Dodger fan in particular got an extra special gift. Life-long Dodger fan Nancy Colton, who was diagnosed with cancer 3 years ago, was honored with throwing out the first pitch.

It wasn't the best day for the Lakers. The Utah Jazz beat the Lakers in the last minutes of overtime this weekend. Now, the two teams are tied in the western conference semifinals. They play again Wednesday night at the Staples center.

Have you ever thought that WWF wrestling was just overgrown men in leotards acting like they were getting hurt in the ring? Well, this next segment might change your mind as Paul Higgins gets in the ring...

**WEATHER**

**CALENDAR**

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

**OVERVIEW:**

Tonight on So Cal Life we continue our spotlight on Hermosa Beach and we take you to a restaurant that serves the kind of Cajun food that will make you think you are in Louisiana. Plus our in studio guest brings us an unexpected new diet to get you in shape just in time for bikini season. And in entertainment, we get a chance to look at the new fantasy movie by director Harmony Korine, Mister Lonely.

**NATIONAL NEWS:**

Emily and Jacob were the most popular names again this year. They have remained the top names over the last decade. Rounding out the top 5 for girls were Isabella, Emma, Ava and Madison. For the boys: Michael, Joshua, Matthew and Ethan. It seems parents were not feeling very adventurous this year, since Elizabeth was the only new name to the list. Experts say the top names continue to be so popular because they appeal to all cultures.

Are you a woman with a great business idea? Listen up... there's a nationwide call for applications for All Things Media – the first venture forum to offer women entrepreneurs an opportunity to pitch their businesses to investors:

**COMMUNITY NEWS:**

We continue our spotlight on Hermosa Beach, where you can not only find great activities, but great places to eat. Reporter Rhonda Hines takes a look at one place in particular that adds some local flavor to this beach city:

**ENTERTAINMENT NEWS:**

If you're a fan of Dancing with the Stars, you were probably surprised to find out Olympic gold medalist Kristi Yamaguchi was born with club feet! The fact is, clubfoot is one of the most common birth defects. It affects about 5,000-babies born in the U-S each year. In a special report, Tom Jordan reports on an alternative to corrective surgery that has been around for many years but has only recently gained widespread popularity.

**HEALTH/FITNESS:**

If someone told you that you could eat cookies and lose weight, would you believe them? Well our in-studio guest claims it's true. Neil Friedman of the Smart for Life Cookie Diet joins us now.

**CELEBRITY BIRTHDAYS**

**ENTERTAINMENT NEWS:**

He first made a name for himself as a song writer with Bjork, but he's now making his mark as a screenwriter. Ron Jacobsohn sat down with the creator of the new movie Mister Lonely:

**WEATHER**

**COMMUNITY CALENDAR**

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

**OVERVIEW:**

An estimated 22,200 women will be diagnosed with breast cancer and 5300 will die from it. Well in our community spotlight, we will show you how one Hermosa Beach resident, is working to lower those statistics, and just in time for summer, our in studio guests tell you everything you need to know about a dream vacation spot. Plus, in entertainment the Last Comic Standing returns for its 6<sup>th</sup> season with the worlds' funniest stand up comedians.

**COMMUNITY NEWS:**

A fire that broke out before dawn on Mount Baldy had burned about 400 acres and prompted the evacuation of dozens of cabins by afternoon, but fire officials said the blaze was moving away from the mountaintop village. The blaze started shortly before 5 a.m. amid strong winds west of Mount Baldy Village and eventually prompted 30-40 evacuations in the Bear Canyon area, according to Los Angeles County Fire Inspector Ron Haralson.

**COMMUNITY NEWS:**

Breast cancer is the most common cancer among women. One out of every eight women may develop breast cancer. In tonight's special Spotlight on Hermosa Beach, Reporter Rhonda Hines tells us what one Hermosa Beach resident is doing to raise awareness and money for the disease.

The Los Angeles County Board of Supervisors today authorized the Santa Monica Mountains Conservancy to purchase roughly 227 acres of open land, in part to preserve the scenic vistas along the Foothill (210) Freeway. The board voted unanimously and without discussion to approve the purchase.

Hispanic culture is seen everywhere in Southern California. One local business owner is cornering in on this growing demographic in a positive way.

**GENERAL INTEREST:**

Our in studio guest shares information you need to know if you're considering a trip to Tahiti.

**ENTERTAINMENT NEWS:**

Well last night the remaining 3 contestants of American idol sang 3 songs to win the hearts of both judges and fans. According to Simon and Paula, rocker boy David Cook's performances had boosted him into the finals. If fans vote as the judges have predicted, there may be a David against David finale in the near future.

**The Last Comic Standing**

NBC's summer reality show, Last Comic Standing, is coming back next week and this season the search became global as casting sessions were held in England, Australia, and Canada Ron Jacobsohn tells us more.

***CELEBRITY BIRTHDAYS***

**SPORTS:**

Although his back spasms looked painful to the southland during Sunday night's game, newly-named MVP Kobe Bryant left no doubt to his team or fans that he'd be playing tonight. Throughout Sunday's game, Kobe experienced obvious pain as he resolved to turning sideways in an attempt to lift himself from the court. Bryant has been receiving round-the-clock treatment that will hopefully help him overtake the Utah jazz as we speak.

Well, Tommy Trojan may be riding his trusty white steed Traveler in the LA Memorial Coliseum for many more years to come. The agreement between the University of Southern California and the historic stadium, which goes before the USC financial committee today for its final approval, will keep the Trojans playing at the Coliseum for 25-years with a possible extension of 47 years after this agreement runs out.

**WEATHER**

**COMMUNITY CALENDAR**

5/15/2008 19:30:00 IN5611 3 0:28:30 Kvmd-SoCal Life

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

**OVERVIEW:**

Tonight on SoCal Life, our spotlight on Hermosa Beach continues with a look at the city that is beautiful beach town by day and a clubbing hot-spot at night. And our in studio guest has been up close and personal with some of the most famous faces in show biz, he tells us what it's like to be the photographer to the stars. Plus Disney goes big on nature, with their new documentary label DisneyNature.

**NATIONAL NEWS:**

Southland relief agencies are ramping up their responses to the magnitude-7.9 Earthquake in China by collecting funds and supplies to benefit the injured or displaced in Sichuan Province. More than 12,000 were killed in the south-central region of the country, and hundreds of thousands were sleeping outside -- in the rain.

The disaster in China has left us wondering.... how prepared are you for the next big one? Tom Jordan shows us southland doctors are training for the unexpected.

A Pasadena woman has been named American's favorite mom!

In honor of the 100th Anniversary of Mother's Day, Donny and Marie Osmond revealed Military Mom, Patti Patton-Bader, from Pasadena, as the winner of their nationwide during the primetime Mother's Day special for receiving the highest percentage of votes at NBC.com following her appearance on the "Today" show last week.

**COMMUNITY NEWS:**

All week we've been showcasing the city of Hermosa Beach. Hermosa Beach is a great place to get some sun and catch some waves but it's also a great city for night time entertainment. In tonight's spotlight on Hermosa, reporter Rhonda Hines shows us a little about Hermosa Beach Night life.

Its home to what some say is the best cakes and croissants in town. Champagne French Bakery and Café has been satisfying customers' sweet tooth for the past 20 years. Reporter Jaclyn Hong joins champagne's anniversary celebration with a closer look at how this bakery has evolved.

**GENERAL INTEREST:**

Our next guest has photographed some of Hollywood's most alluring women. He gives us tips on obtaining the perfect photo.

**ENTERTAINMENT NEWS:**

Disney goes natural and they release their first Disney Nature film Earth Day 2009.

Well the final four of dancing with the stars stepped to the sounds of ballroom and salsa music in this past Monday's competition. Former figure skater Kristi Yamaguchi and Mark Ballas were the top-rated team of the night. And on elimination night, the unlikely contender, Marissa Jaret Winokur, was sent home. Next Tuesday, there won't be any more wondering as to who will win this season's dancing competition, as the champions will be announced.

**CELEBRITY BIRTHDAYS:**

**SPORTS/LIESURE:**

Summer is right around the corner and you know what that means...sand, surf and pretty girls in bikinis. Paul Higgins checks in with his special Surfer Girl."

**WEATHER**

**COMMUNITY CALENDAR**

5/16/2008 19:30:00 IN5675 3 0:23:30 Kvmd-SoCal Life

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

**OVERVIEW:**

Tonight, on our community spotlight, we will take a look at a surf shop in Hermosa Beach, where the owner personally shapes his customer's boards. Plus, if you have passion for fashion and for helping others, our in-studio guest has the perfect product for you. And in entertainment, Ron Jacobsohn gives us a sneak peek at the Sex and the City movie, where the clothes are as important as the characters.

**COMMUNITY NEWS:**

In the first three months of this year there were more than three times as many foreclosures in Riverside County than at the same time last year.

20-thousand mortgage default notices, auction sale notices

and bank repossessions were recorded in Riverside County in the last three months, according to realtytrac. Riverside and San Bernardino County have the 3<sup>rd</sup> and 4<sup>th</sup> largest amounts of foreclosure activity in the state.

**GENERAL INTEREST:**

One of the most important aspects of having a good surfing experience is having a well made surfboard. Becker's is a surf store well known for making quality boards. Reporter Rhonda Hines takes a look at what makes a Becker's surfboard so reliable.

**ENTERTAINMENT NEWS:**

Sex and the City is coming to the big screen, find out how your favorite characters have changed in their time off-screen. We take you to the costume department of the Sex and the City movie and show you the fashion that helped define the characters of the hit show.

Carrie, Charlotte, Miranda, and Samantha are coming back, this time to the big screen. Our Ron Jacobsohn got a behind the scene look at how the movie version of the popular HBO show will look different from the TV show.

**SPORTS:**

Well it's every wife's worst nightmare to find out her husband has a secret desire to go 180 miles per hour around a race track. Just in time for NASCAR, my husband took a ride as a student driver at the Richard Petty driving experience at the California Speedway and Jim Murray got it all on tape.

**CALENDAR**

5/17/2008 6:00:00 IN5675 3 0:23:30 Kvmd-SoCal Life SCL#660

KVMD is dedicated to bring programming to the nation's second largest market that is all about Southern California.

"Southern California Life" is a news magazine show airing in primetime on KVMD TV. The show gives viewers a fresh new perspective on local news.

Southern California Life endeavors to focus on positive community issues including:

Education

Sports

Food

Consumer Needs

Real Estate

Health

Travel

Fitness

5/18/2008 6:00:00 IN5675 3 0:23:30 Kvmd-SoCal Life SCL#660

Every week on Southern California Life, we showcase a different city in the southland. These "Spotlights" highlight the outstanding features of a city or town to promote the area and encourage people to venture outside of their backyards and enjoy everything from the snow-capped mountains in Big Bear to the wineries of Temecula, and the world famous shores of Huntington Beach. We are dedicated to introducing you to the wealth of vacation spots that are just a short drive away.

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

**OVERVIEW:**

Tonight on So Cal Life, we hit the red carpet premiere of the fantasy film that was able to knock *Iron Man* out of the top box office spot. Also, the time for getting married locally is over. Destination weddings are all the rage and our in studio guest has the perfect one for you. Plus it's known for its "lights, camera, and action"; our community spotlight takes us to what is possibly the most famous city in the entire world.

**NATIONAL NEWS:**

Today is the deadline to register to vote in the June 3 election, and Los Angeles County officials will collect late-night registrations at eight locations for those who wait until the last minute. Five locations will be open until 9 p.m. with sites in Valencia, West Covina, Cerritos, Van Vuys, and East L-A. And three locations in Norwalk, Beverly Hills, and Ladera Heights are open until midnight.

**COMMUNITY NEWS:**

Every week we highlight a different Southern California area. Many times they are quaint cities and towns you may see driving along the freeway, or maybe even some you have never heard of. But tonight's community spotlight takes us to a world renowned city. Lisa Sedillo brings us this special report from Hollywood.

And in other Hollywood happenings, the L-A community re-development agency Voted last week to give Hollywood a facelift. The C-R-A will fund the building of 404 low-income apartments for families who otherwise could not afford a home. The 5-year plan will also fund new office buildings in the area. This is all part of the C-R-A's project to revive Hollywood after a decade of decline.

**COMMUNITY NEWS:**

Cancer has become an epidemic in the United States. Many people have gone through the tests and trials that come with the battle, but Kelly Lange found a place in Newport Beach that helps people cope with one aspect of the healing process.

**GENERAL INTEREST:**

Remember when weddings meant getting hitched in your local town? Well now, more people are choosing destination weddings. And our guest has the ultimate destination for true love.

**ENTERTAINMENT NEWS:**

Get ready for more magic, action, and breath-taking scenes as we take you to the premiere of the number one movie in America - *Prince Caspian*.

It's only been three years for us since the last movie, but it's been 1300 years Narnia Time. We go to the premiere of *Prince Caspian*, the latest movie in the *Chronicles of Narnia* series, to talk to the young actors about their roles in what critics are hailing as a visual masterpiece. The highly anticipated sequel to *The Chronicles of Narnia* took the box office by storm this past weekend bringing in 50 million dollars. Ron Jacobsohn reports from the premiere.

Last night was a big night for Garth Brooks, who came out of retirement to play a medley of his hits and accept the Crystal Milestone Award honoring his record sales from the Academy of Country Music in Las Vegas. Kenny Chesney was another big winner, accepting his fourth award for entertainer of the year. This is the first time the ceremony's highest honor was voted on by fans. Brad Paisley collected two awards -- for video of the year and male vocalist, while Carrie Underwood won the top female vocalist award. Rascal Flatts won the best vocal group award, and Jack Ingram captured the trophy for top new male artist. Meanwhile, Taylor Swift dedicated her A-C-M trophy for top new female artist to her mother. Lady Antebellum won for top new vocal duo or group, and Miranda Lambert's *Crazy Ex-Girlfriend* won for album of the year.

**SPORTS:**

The Los Angeles Dodgers will honor their star players from the 1960s during a six-game homestand this week. There's even a luncheon open to the fans Saturday. Hall of Fame pitcher Don Sutton is part of a special ceremony before tonight's game against the Cincinnati Reds at Dodger Stadium.

**WEATHER**

**COMMUNITY CALENDAR**

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

**OVERVIEW:**

Tonight on So Cal Life are you pregnant or hoping to become pregnant? Our in-studio guest has just founded a month dedicated completely to you. And in entertainment, find out what shows will be staying and what shows will be taking their final bows as the CBS fall line up is revealed. Plus we shine our spotlight on the city of Hollywood, home to the world famous entertainment museum.

**NATIONAL NEWS:**

If you're deciding where to spend your summer vacation, you might want to consider visiting one of the 20 places most threatened by global warming. Along with Tokyo, London and the Great Barrier reef, some U-S locations also made the list released by pro-traveller. Experts say Southern California's Death Valley is in risk of becoming too hot to cross if global warming continues, so you might want to see it while you still can.

Well this should help the environment. Los Angeles is making plans to reduce air pollution with a new powered electric truck. Los Angeles Mayor Antonio Villaraigosa and officials from the Port of Los Angeles and the South Coast Air Quality Management District recently showed off the first of what will eventually be a fleet of electric-powered trucks. The heavy-duty vehicle - which is being billed as the world's most powerful electric truck - is the first of its kind at any port.

Wrapping cars isn't just for NASCAR and show cars. Now wraps are moving into the mainstream. And though it might look like a paint job, and cost about the same, if you change your mind you can peel it off and start again without affecting your original finish. Here's how:

**COMMUNITY NEWS:**

In tonight's city spotlight, entertainment is such big business in Hollywood, that it even has its own museum. Lisa Sedillo takes us to Tinseltown.

**HEALTH/FITNESS:**

Opening blocked arteries and restoring blood flow is the main goal in heart attack care. Now, Tom Jordan shows us an investigational treatment that could reduce further damage by saturating the heart with high levels of oxygen.

One out of every three people will develop the disease of shingles in their lifetime, a reactivation of the disease that causes chickenpox. But there now is hope to prevent this horrible painful disease. The F-D-A has approved of a new vaccine called Zostavax. Anyone over the age of 18 is encouraged to get the vaccine. The vaccine has been found to reduce shingles by 50% in people of all ages who have been vaccinated, while people in the 60-to-69 age range are enjoying a reduced rate of occurrence by 64%.

**ENTERTAINMENT NEWS:**

We let you know which CBS shows were kept and which were given the boot as the primetime fall lineup is revealed.

**GENERAL INTEREST:**

You may not recognize her face, but her name almost certainly rings a bell. Our guest, Ahna Getty has had many careers over the course of her life: heiress as the granddaughter of J. Paul Getty, actress, yoga teacher, and holistic lifestyle expert to name a few. But she actually joins us tonight to talk about her latest role as the founder of Pregnancy Awareness Month, celebrated in the month of May.

Are all the season finales getting you down? Yes, it's that time of year when your favorite shows say goodbye for the summer, but don't fret, our Ron Jacobsohn brings you a preview of what's to come this fall.

**ENTERTAINMENT NEWS:**

Are all the season finales getting you down? Yes, it's that time of year when your favorite shows say goodbye for the summer, but don't fret, our Ron Jacobsohn brings you a preview of what's to come this fall. Yes, it is still May but all the TV networks have announced their Fall Schedule. This year we will see a growing amount of adapted scripted shows from other countries. Ron Jacobsohn is going to give us week long coverage of the new fall schedule starting with CBS.

**WEATHER**

**COMMUNITY CALENDAR**

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

**OVERVIEW:**

Tonight on So Cal Life, we find out which of your favorite shows are staying and leaving, and what new faces are being introduced in Fox's new fall line-up. And as the weather's starting to warm up, our guest shows us how to look like a natural beauty with the latest in skin care and rejuvenation. Plus in our community spotlight on Hollywood, we caught up with one of Southern California's most beloved public figures shortly before he passed away.

**NATIONAL NEWS:**

It's time to start conserving energy. The department of water and power says consumption peaked at 5-thousand megawatts -- a record for May.

The L-A city council has approved Mayor Villaraigosa's \$7-billion budget. The mayor is sticking to his plan to expand the L-A-P-D by 1,000 officers. This will cause fee increases in many city services including trash removal and parking. The council did decide to keep the city's TV channel, add more park rangers and keep libraries open on Sundays. However, the city could face a \$300-million shortfall next year.

You've probably seen the neon signs along the freeway that say 'Click it or Ticket'. 55 percent of those killed on the roadways were not wearing a safety belt. So, this week is the "National Click it or Ticket" campaign where CHP will crack down on people who are not wearing a seat belt. But, now there's something else that helps reduce the number of fatal crashes:

**COMMUNITY NEWS:**

After record amounts of foreclosures, the So Cal real estate market is starting to pick up. Home sales went up 22% since April. Riverside County, which was the foreclosure center of southern California, saw its first sales increase in two years. The foreclosures might be the reason for the rising sales, as 38% of southland homes sold were in foreclosure. This rise in real estate, combined with rising leading economic indicators, could mean the economy might actually avoid a recession.

The rise in real estate is also turning out to be good news for buyers. The percentage of first-time buyers able to pay for a median-priced home in Riverside County rose to 55 percent in the first quarter of the year. The figure is up from 42 percent during the fourth quarter of 2007 and from the 35 percent during the same period a year ago.

**ENTERTAINMENT NEWS:**

Turning to this week's spotlight on Hollywood, there's only one man whose name goes hand in hand with the town dubbed the home of the stars! Lisa Sedillo had the pleasure of spending time with Johnny Grant before he passed away last year in Hollywood:

**GENERAL INTEREST:**

Student fashion designers from the International Academy of Design & Technology showcased their designs at this year's Imagine 2008. Students were challenged to take inspiration from a choice of five cars, and design for a specific category such as Career, Sportswear, Eveningwear and Avant-garde.

**ENTERTAINMENT NEWS:**

The judges finally got what they wanted as the two David's faced off in a vocal duel on American Idol Last Night. At the beginning of the night, both were dressed in robes and boxing gloves as the Rocky theme played overhead. The boys duked it out over three songs and the judges proclaimed Archuleta as the winner. Tonight, we'll find out who the people's champ is.

While American Idol has remained a huge hit for Fox, many new shows didn't make the cut for the fall schedule. Fox has announced that it has given a 13-episode order for "Hole in the Wall," a competition series where teammates must contort their bodies in unison to fit through a hole in a wall or be swept into a pool below. Ron Jacobsohn reports on other Fox shows we can expect to see starting this August.

**SPORTS:**

The LA Lakers are playing the San Antonio Spurs in game 1 of the conference finals. The teams ended up 2 to 2 against each other in the regular season, which should make for some intense games to follow during the finals.

**WEATHER  
COMMUNITY**

5/22/2008 19:30:00 IN5680 3 0:28:30 Kvmd-SoCal Life SCL#664

KVMD is dedicated to bring programming to the nation's second largest market that is all about Southern California. "Southern California Life" is a news magazine show airing in primetime on KVMD TV. The show gives viewers a fresh new perspective on local news.

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- Education
- Sports
- Food
- Consumer Needs
- Real Estate
- Health
- Travel
- Fitness

5/23/2008 19:30:00 IN5680 3 0:28:30 Kvmd-SoCal Life SCL#664

Every week on Southern California Life, we showcase a different city in the southland. These "Spotlights" highlight the outstanding features of a city or town to promote the area and encourage people to venture outside of their backyards and enjoy everything from the snow-capped mountains in Big Bear to the wineries of Temecula, and the world famous shores of Huntington Beach. We are dedicated to introducing you to the wealth of vacation spots that are just a short drive away.

5/24/2008 6:00:00 IN5680 3 0:28:30 Kvmd-SoCal Life SCL#664

Every night on Southern California Life we feature an in-studio interview with southland residents who are making a difference in their community and the world. Our guests include doctors who have developed cutting edge technologies, designers who have created the most sought after fashions in Hollywood, musicians displaying some rare talents, plus authors, dancers, artists, real estate experts, you name it.

5/25/2008 6:00:00 IN5680 3 0:28:30 Kvmd-SoCal Life SCL#664

Southern California is home to some of the most advanced medical facilities in the world. Our health and fitness segments examine health, medical, and fitness breakthroughs that are impacting people's lives across the Southland. These wellbeing segments also offer guidance for a healthier lifestyle through nutritional and exercise advice.

5/26/2008 19:30:00 IN5680 3 0:28:30 Kvmd-SoCal Life SCL#664

On Southern California Life we take a more personal approach to local sports coverage. Chad Rohn and Jim Murray bring you in-depth features on the athletes, coaches and institutions that make So Cal Sports the best in the world.

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

**OVERVIEW:**

Tonight on so cal life, we spotlight Huntington Beach, also known as surf city USA. and our in studio guest is one of only three known people in the world who can play a guitar with both hands. Plus a highly acclaimed French director joins us to talk about his latest film to open in the u-s.

**NATIONAL NEWS:**

If you were on the road this holiday weekend, you probably noticed they were a little more calm than you might have expected. Experts say a combination of the bad weather and high gas prices resulted in the point-one percent decline in motorists this Memorial Day weekend.

You probably know that you shouldn't drive if you're tired, And now a new study shows just how dangerous that can be. Being deprived of sleep even for only one night can cause your brain to have a shutdown similar to a power failure, the study revealed. People who are sleep deprived go through periods of time when the brain is in a state between sleep and wakefulness. This results in lapses in visual attention, which could have fatal consequences on the road.

**LOCAL NEWS:**

You always seem to notice the c-h-p during Holidays Weekends. They're not just looking for speeders, they're also enforcing the national click it or ticket campaign. The campaign raises awareness of wearing seat belts for added safety through the end of the month. Volvo has helped bring the national seatbelt rate to 82 percent:

**HEALTH/FITNESS:**

Opening blocked arteries and restoring blood flow is the main goal in heart attack care. Now, Tom Jordan shows us a new treatment that could reduce further damage by saturating the heart with high levels of oxygen.

**LOCAL NEWS:**

We continue our special series called spotlight with an overview of Huntington Beach with Brent Weber:

**ENTERTAINMENT NEWS:**

It's one thing to play guitar... It's another to play two at the same time. There's only three known people in the world who can do this... we introduce you to one of them.

In entertainment, we had the rare opportunity to Chat with an academy award winning director who doesn't find himself in LA very often. Ron Jacobsohn interviews this man.

**CELEBRITY BIRTHDAYS**

**ENTERTAINMENT NEWS:**

Hollywood is mourning the death of Sidney Pollack. The academy award-winning director died at his home Sunday of cancer. His career spanned nearly 50 years, as a producer, actor and director, known for such films as "out of Africa," "tootsie" and "the way we Were". As an actor, he had a role in the recent hit "made of honor" and Played the father of will Truman on "will and grace." Sidney Pollack was 73.

The fourth "Indiana Jones" installment raked in about \$126 million over Memorial Day weekend, making it second fiddle only to last year's "Pirates of the Caribbean" for money earned over the Memorial Day weekend.

**SPORTS:**

This year's Indianapolis 500 is set to include a number of firsts, from a woman driver with a legitimate chance to win to competing cars using ethanol fuel. Former Indy 500 winner Emerson Fittipaldi will pace the race driving an ethanol-powered Corvette Z06:

**WEATHER**

**COMMUNITY CALENDAR**

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

**OVERVIEW:**

Tonight on So Cal Life Late Night T-V is getting its first new host in years. We've got the scoop on an SNL favorite taking on a new role. And two pioneers of the conscious clothing movement join us to talk about their clothing line that is helping war victims one necklace at a time. Plus we continue our spotlight on Huntington Beach with classic cars and powerful engines.

**NATIONAL NEWS:**

Did you ever imagine that after the holiday weekend gas prices would actually go down? Well, oil prices finally dropped to \$127 a barrel and prices at the pump rose only slightly. The demand for gas was lower than previous Memorial Day weekends, experts say, which may be responsible for the dip in price. If this trend continues, we may see the normal pattern of gas peaking around Memorial Day and coming back down in the summer.

**COMMUNITY NEWS:**

Members of the United Teachers of Los Angeles are reportedly planning to protest budget cuts by walking out of their classrooms for an hour on Friday, June 6. The LA Unified School District is facing over \$300 million in cuts under Governor Schwarzenegger's tight budget for next year. The cuts mean that many teachers, as well as other staff, will lose their jobs. The LAUSD Superintendent said that he and the district support the teachers' cause, but they don't approve of the walkout.

**ENTERTAINMENT NEWS:**

Is another Hollywood strike on the horizon? After this morning it doesn't look like it. The American Federation of Television and Radio Artists announced today that it has reached a tentative agreement on a new three-year primetime t-v contract. AFTRA, which represents some 70,000 members and is the nation's second-largest performers' union, said the draft agreement will be considered by the union's National Board next week. The Alliance of Motion Picture and Television Producers resumed talks earlier today with the Screen Actors' Guild.

**HEALTH/FITNESS:**

As women age, they are more prone to fibroids and cysts, which can cause problems when trying to conceive. After the age of 35, the chances of the child having a genetic abnormality increase significantly each year. As Lisa Sedillo reports, a recent guest on our show, Dr. Bess, helped develop a new technique for women in need of gynecological laparoscopic surgery.

**NATIONAL NEWS:**

Both presumptive Republican presidential nominee Sen. John McCain, R-Ariz., and Michelle Obama, the wife of his likely Democratic opponent, attended campaign fundraisers in town today. Senator McCain attended a reception and dinner at the Bel Air home of investor Elliot Broidy, continuing a series of fundraisers which also

included events in Irvine last Wednesday. Michelle Obama had a busy day attending a breakfast at a downtown Los Angeles law firm, a luncheon at a Pasadena home and an evening fundraiser at the Brentwood home of Dawn Ostroff, the entertainment division president of The CW television network.

**COMMUNITY NEWS:**

The grades are in. Heal the Bay released their 18th annual Beach Report Card for California Beaches, and as always the report includes a list of the 10 worst beaches in the state, with 7 out of the top ten are right here in the southland. The grade takes into account the health effect on beach goers and is based on fecal bacteria pollution level in the surfzone. However, this year did show the best *overall* water quality on record. Most California beaches did well, with 87% of locations receiving A and B grades. Los Angeles County still had the state's lowest grades in the state with only 71% As and Bs, but that tally marks a big improvement from last year's grades.

**The Top 10 Beach Bummers**

1. Avalon Harbor Beach on Catalina Island (Los Angeles County)
2. Santa Monica Municipal Pier (Los Angeles County)
3. Poche Beach (Orange County)
4. North Beach Doheny (Orange County)
5. Marie Canyon Drain at Puerco Beach (Los Angeles County)
6. Cabrillo Beach harborside (Los Angeles County)
7. City of Long Beach -- multiple locations (Los Angeles County)
8. Campbell Cove State Park Beach (Sonoma County)

9. Clam Beach County Park near Strawberry Creek (Humboldt County)

10. Pismo Beach Pier (San Luis Obispo County)

Huntington Beach did not make it one the beach bummers list which makes it a great location for our weekly community spotlight. Brent Weber continues our feature on this coastal city that has more to offer than gorgeous shores.

Santa Monica is getting a new Ferris Wheel! The 1.5 million- dollar attraction will be introduced tonight, by illuminating its 160,000 lights and offering free rides for visitors from 9:15 tonight until midnight. The previous wheel was auctioned on eBay for \$132,400, with half the proceeds going to Special Olympics Southern California. Like its predecessor, the new wheel will be solar powered, and its lights will be 75 percent more energy efficient than the previous wheel's.

The Long Beach 7-10 freeway is getting some long-awaited work done. As part of the "Long Life Pavement" rehab project, nine miles of the road between Long Beach and South Gate will be repaired over the next couple of days. Through Sunday, the MLK Boulevard southbound on-ramp will be closed from 7pm to 6am, announced Caltrans.

The northbound 710 will be closed from Rosecrans Avenue to Glenn Anderson freeway between the hours of 1am and 5am Friday and Saturday. The freeway will also be fully closed along that section on Sunday from 2am to 7am.

### **CELEBRITY BIRTHDAY**

#### **ENTERTAINMENT NEWS:**

We all know him from Saturday Night Live, but now NBC has decided to give Jimmy Fallon Conan O'Brian's job as host on Late Night starting from next summer. Ron Jacobsohn reports about the shake up at 30 Rockefeller Center.

#### **SPORTS:**

Well it's one more win and the L-A Lakers are in the finals. After an embarrassing loss against the San Antonio Spurs this past Sunday, the Lakers turned up their game, leading the defending champion Spurs throughout last night's game. After the Spurs' last second failed attempt at a 3-pointer to tie the game, the Lakers won 93-91 in the opponent's court. And tomorrow, they'll get a chance to get their ticket for the finals as they play in the Staples Center.

#### **NATIONAL NEWS:**

As gas prices continue to rise, there's finally some good news for car lovers - the new sports cars set to come out in the next four years have been unveiled! Although the cars will be smaller and more efficient, they will still be as fast as ever. The first to come out next year will be the Ford Focus, Nissan GT-R Spec V and 370Z, both of which insiders say will give Porsches a run for their money. And if you're waiting for the more high-end new models from Ferrari and Maserati, you'll have to wait until 2012.

#### **WEATHER**

#### **COMMUNITY CALENDAR**

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

**OVERVIEW:**

Tonight on So Cal Life, the Memorial Day holiday may have just ended, but our in studio guests will have you eagerly anticipating your next chance for a get-a-way. Plus for those of you staying closer to home, we continue our spotlight on Huntington Beach, the now official surf city USA. And NBC has unveiled its summer line-up, how will the new shows compare to your fall favorites? We'll bring you a preview and let you be the judge.

**LOCAL NEWS:**

June 16<sup>th</sup> could be a busy day here in the southland. With gay marriage being green-lighted by the state supreme court, the LA County clerk's office is gearing up for a surge in marriage license applications and civil ceremonies. The high court's ruling which overturned a ban on gay marriage takes effect statewide on June 16th.

**LOCAL NEWS:**

After years of debate, its official, surf city usa is in huntington beach. Despite challenges from rival cities Oceanside and Santa Cruz, the U.S. Patent and trademark office awarded huntington beach three official registration numbers that allow it to use the designation "surf city usa" in ads and on beachwear. In this week's community spotlight we head to huntington beach in the o-c. Here's Brent Weber's surf report.

**NATIONAL NEWS:**

The problem of human encroachment on dangerous animal habitats is nothing new... and here in Southern California, the face to face meeting with a wild predator may not be as rare as it once was ... Brent Weber tells us you don't have to stay indoors -

**HEALTH AND FITNESS:**

Shortness of breath can be a sign of a lot of illnesses ranging from mild to life-threatening. As tom Jordan reports, a new blood test helps doctors zero in on who's suffering a serious one - heart failure.

**ENTERTAINMENT/TRAVEL:**

No vacation plans for the summer? Well that's okay because we're bringing the islands to you. And we find out which summer shows NBC is bringing in to replace your fall favorites.

**ENTERTAINMENT NEWS:**

Dancing with the stars alum and actor Cameron Mathison is hosting a dance competition for dads across America. The hallmark contest, entitled "daddy of all dance-offs," was created in anticipation of father's day on June 15.

Starting soon get ready for a slate of NBC's version of a summer diet: reality shows, reality shows, reality shows. Ron Jacobsohn tells us more.

**SPORTS:**

Throughout the formula 1 season, Panasonic Toyota racing engineers continually search for innovation to improve the race car's performance. They visit tracks around the world, including an air strip on Menorca to test aerodynamic and reliability improvements to the tf-108.

**WEATHER**

**COMMUNITY CALENDER**

5/31/2008 6:00:00 IN5683 3 0:28:30 Kvmd-SoCal Life SCL#667

KVMD is dedicated to bring programming to the nation's second largest market that is all about Southern California. "Southern California Life" is a news magazine show airing in primetime on KVMD TV. The show gives viewers a fresh new perspective on local news.

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Education  
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Real Estate  
Health  
Travel  
Fitness

6/1/2008 6:00:00 IN5683 3 0:28:30 Kvmd-SoCal Life

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6/2/2008 17:30:00 IN5684 3 0:28:30 Kvmd-SoCal Life

On Southern California Life we take a more personal approach to local sports coverage. Chad Rohn and Jim Murray bring you in-depth features on the athletes, coaches and institutions that make So Cal Sports the best in the world.

6/3/2008 17:30:00 IN5685 3 0:28:30 Kvmd-SoCal Life

Southern California is home to some of the most advanced medical facilities in the world. Our health and fitness segments examine health, medical, and fitness breakthroughs that are impacting people's lives across the Southland. These wellbeing segments also offer guidance for a healthier lifestyle through nutritional and exercise advice.

6/4/2008 17:30:00 IN5686 3 0:28:30 Kvmd-SoCal Life

Every night on Southern California Life we feature an in-studio interview with southland residents who are making a difference in their community and the world. Our guests include doctors who have developed cutting edge technologies, designers who have created the most sought after fashions in Hollywood, musicians displaying some rare talents, plus authors, dancers, artists, real estate experts, you name it.

6/5/2008 17:30:00 IN5687 3 0:28:30 Kvmd-SoCal Life

KVMD is dedicated to bring programming to the nation's second largest market that is all about Southern California. "Southern California Life" is a news magazine show airing in primetime on KVMD TV. The show gives viewers a fresh new perspective on local news.

Southern California Life endeavors to focus on positive community issues including:

- Education
- Sports
- Food
- Consumer Needs
- Real Estate
- Health
- Travel
- Fitness

6/6/2008 17:30:00 IN5687 3 0:28:30 Kvmd-SoCal Life

Every week on Southern California Life, we showcase a different city in the southland. These "Spotlights" highlight the outstanding features of a city or town to promote the area and encourage people to venture outside of their backyards and enjoy everything from the snow-capped mountains in Big Bear to the wineries of Temecula, and the world famous shores of Huntington Beach. We are dedicated to introducing you to the wealth of vacation spots that are just a short drive away.

6/7/2008 6:00:00 IN5687 3 0:28:30 Kvmd-SoCal Life

On Southern California Life we take a more personal approach to local sports coverage. Chad Rohn and Jim Murray bring you in-depth features on the athletes, coaches and institutions that make So Cal Sports the best in the world.

6/8/2008 6:00:00 IN5687 3 0:28:30 Kvmd-SoCal Life

Southern California is home to some of the most advanced medical facilities in the world. Our health and fitness segments examine health, medical, and fitness breakthroughs that are impacting people's lives across the Southland. These wellbeing segments also offer guidance for a healthier lifestyle through nutritional and exercise advice.

**TOPICS COVERED BUT NOT LIMITED TO:****PERTENANT ISSUES AND PROGRAMMING:****NATIONAL NEWS:**

In the past decade, an estimated 36 children have died every year from being left in a hot car, according to a study by the national weather service. Most hyperthermia deaths are accidental and many parents are unaware of how dangerous it is to leave children in cars unattended – even for a short period of time. For example, when the outside temperature is 75 degrees, a vehicle's interior can reach more than 100 degrees in a half hour. Available video includes general views of children and cars heating up, a narrated package on child safety, and sound bites on hyperthermia and rising temperatures in cars.

**LOCAL NEWS:**

Every week we showcase a different city on our show. In this week's community spotlight we head to Claremont. Claremont is a quaint city nestled in the foothills of the San Gabriel mountains. At the foot of Mount Baldy. Claremont is the last city in Los Angeles County, about one hour away from downtown LA. Driving down Indian Hill Blvd... Claremont feels more like Connecticut than southern California. Known for trees and PhD's.

Just one of the reasons why Claremont has been a winner of National Arbor Day Association's Tree City USA award for 19 consecutive years.

Claremont has more than one hundred acres of parks stretching over the city's thirteen square miles. The city was once part of the San Gabriel mission which was established in 1887 and incorporated in 1907. The population - 33-thousand. The first known inhabitants of the Claremont region were the Serrano Indians. In 1771 they settled on a mesa a few hundred yards northeast of the intersection of Foothill and Indian Hill boulevards. Smallpox took a heavy toll on the indigenous population and by 1883, the few remaining Serrano Indians had left the area. In 1871, W. T. ("Tooch") Martin, the first Anglo-European resident of Claremont, filed a claim on 156 acres near Indian Hill Boulevard. The Santa Fe railroad ran through Claremont in 1887.

This is where the city began - the village. The village houses many of Claremont's stores as well as city hall, the Claremont public library and chamber of commerce.

Historic Route 66 runs through the city of Claremont. Right past several of the city's landmarks: the old school house and the Candle Light Pavilion bringing Claremont two decades of quality entertainment including a new Broadway-bound musical each year.

Much of what Claremont is today is the direct result of actions taken by the community's founders more than 100 years ago. Trees planted at the turn of the century were surrounded by the local citrus industry. Claremont growers established one of the earliest citrus cooperatives that led to the Sunkist organization.

The Claremont colleges have become some of the nation's most highly respected educational and cultural institutions. Seven colleges make up the Claremont colleges, Pomona College, Claremont Graduate University, Scripps College, Claremont McKenna College, Harvey Mudd College, Pitzer College and the Keck Graduate Institute of Applied Life Sciences. The founders of Pomona College wanted to establish a school of "the new England style" and the community that grew up around it also reflected the founders' new England heritage.

**FASHION ENTERTAINMENT:**

Update those flip flops... the "it" sandal this summer is the thong. Go ahead show off that glossy pedicure with a variety of thongs. Especially the new metal thongs. Flat, slightly wedged, bejeweled, beaded, metallic, strappy or ethnic, gladiator style. Beaded thongs are a lot more "Saint Tropez" than plastic flip flops with swim wear. Good for dresses, just enough prettiness with or without a heel. Super with walk shorts. Gladiator thongs are the perfect sandal for white pants and metallic ones add glow to your feet.

**CONSUMER NEWS:**Two-thirds of car buyers now search for their vehicles online. In addition to driving sales, the internet is also responsible for lowering costs. As you'll learn in this next report, the internet is a great place to compare costs and features:

**COMMUNITY NEWS:**

About 15 million children are thought to have serious mental disorders in the united states. But only about 7,500 child psychiatrists are currently practicing in the u-s. The shortage is straining the nation's mental health system. Here in California, the department of mental health says they're taking steps to recruit new mental health professionals.

**HEALTH/FITNESS:**

Every year tens of thousands of Americans have a stroke due to plaque buildup in the arteries of the brain. Tom Jordan reports that just like doctors use stents to unclog arteries of the heart, they now have a life-saving stent for the brain.

it was his second attack. It seems an artery in his brain was almost 75 percent blocked and clot-dissolving medications weren't helping. Then the dietz's learned about a new treatment option and a breakthrough stent.

In the procedure, doctors thread a balloon catheter through blood vessels in the groin to the blockage in the brain. They gently inflate the balloon to open the clogged artery. Then, deploy the stent to keep it open.

**CELEBRITY BIRTHDAYS...**

**SPORTS**

**WEATHER**

**CALENDAR**

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

**LOCAL NEWS:**

This week's community spotlight is on Claremont.

**HEALTH/FITNESS:**

Stop feeling guilty about your morning cup of coffee... a new study finds coffee may counteract alcohol's poisonous effects on the liver and help prevent cirrhosis. The study says one cup of coffee per day cuts the risk of alcoholic cirrhosis by 20 percent, and four cups per day cut the risk by 80 percent. Tea, which has less caffeine, did not reduce the risk of cirrhosis. But researchers say the best way to avoid liver problems isn't to drink more coffee, but to drink less alcohol. In most American cities, there's at least one coffee shop. Coffee is hot... but as Tom Jordan reports, we need to remember caffeine is an addictive drug.

"You know different studies show that they may, you know by adulthood if they're very you know in a habit of getting coffee every morning, they may be drinking you know upwards of three cups or more per day, you know relying on caffeine to get them through the day."

Despite diet trends... and the images of rock hard beach bodies... recent reports suggest southern California falls short in the area of health and fitness.

In fact the American college of gastroenterology gives Los Angelenos a C when it comes to physical activity. Reporter Eboné Jiggett went to Venice beach to explore why Los Angeles scored so low:

**ENTERTAINMENT NEWS:**

Need a great handbag this summer? Our next guest has her own collection you don't want to miss, and Val Kilmer and Robert Downey Jr., the stars of Kiss Kiss Bang Bang sit down in our celebrity corner... It's all coming up right here on SoCal Life..

**CELEBRITY BIRTHDAYS**

**SPORTS**

**WEATHER**

**CALENDAR**

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

**ENTERTAINMENT NEWS:**

Ever wonder how certain types of jeans can pinpoint an era? Levi Strauss during the gold rush... 50's rolled up jeans.. 70's bell bottom jeans and of course the 80's stone washed jeans. But today.. There's a new league of jeans called premium denim. Heather Dawson shows us why many are willing to pay top dollar for this latest craze:

Today's blue jeans have evolved into premium denim. And the difference is more than just the price tag. Lysa Sellers is the owner of Peyton Grey in Claremont. She's constantly educating her customers on why there's a premium on designer jeans.

So how do you shop for premium denim?

And don't get caught up in sizes because every brand is sized differently. And remember this isn't the 80s stone washed denim, dressed up or down, premium denim is considered a wardrobe staple.

**NATIONAL NEWS:**

There's no question, this has been a busy year for natural disasters. From hurricanes to floods to earthquakes, just about everyone has had their share. So, is there a safe haven somewhere in the United States? According to a new study experts agree that Blanding, Utah may be one of the safest places in the United States from a disaster. As for California? Santa Barbara ranks high because it's far from damaging earthquake faults.. But the bigger concern.. Can you afford to live there?

**ENTERTAINMENT NEWS:**

Ever wonder what city does fit your personality? Well.. You can find out with an easy test.. Just go to [findyourspot.com](http://findyourspot.com) and find out what city is the best match for your personality. You may be surprised by the results. That website again is [www.findyourspot.com](http://www.findyourspot.com)

**HEALTH/FITNESS:**

It's a fact, more than 9 million children are obese. So, why don't other countries have these problems? Some say, it's because of the American diet. Tonight, you're going to meet a local woman who has made it her goal to teach American families how to cook healthy, Japanese meals for their families. In part one of a special series, Japanese cooking in America:

It's a multi-billion dollar business – advertising to children in America. A recent study by the Institute of Medicine found the food industry has spent ten billion dollars marketing these food products to kids and it's shaping their diets and waistlines. More than 9-million children are obese and obesity has more than tripled over the past four decades. And it seems to be an American problem.

You simply don't see obese children in countries like Japan. Keiko Tanaka has seen the difference first hand as a Japanese American. She was able to steer her son away from the typical American diet. Proof that a child's eating habits are guided by the parents not the country they're living in:

Keiko's frustration has prompted her to start Keiko's cooking class. The idea? To teach busy Americans how to make healthy, Japanese meals in their home.

Trying Japanese food is only half the battle for busy American mom, Holly Hartwig. With 5 kids within 5 years, she needs a recipe that's fast and easy:

Cooking fast, healthy Japanese meals is easier than most people realize, a fact Keiko wants to get across to her students. The real test, is exposing it to the children.

**.Consumer news:**

Every kid wants a car when they turn 16... but as Brent Weber tells us there are certain things parents need to look for when looking to buy a kid that first car:

Remember the words you spoke long ago? Parents-"when you graduate, we'll get you a car"... when you turn "sixteen, when you turn eighteen, when you graduate – we'll get you a car ..." the time has come to make good on the promise ... and while your kid is most concerned with how they look behind the wheel, as a parent – you're scared to death about the whole deal ...

The numbers are serious ... 44 per cent of teenage fatalities are a result of auto crashes ... Yet for parents, not letting their kids get behind the wheel is impractical – especially in the Southland where driving is a way of life and rapid transit isn't always an option ... so in addition to good driving instruction – buying a vehicle with the best safety features – like the

addition of side air bags or an on-board satellite safety service such as "on star" ... which can be added to a new or used vehicle ...

and don't let the kids talk you into the hype of a big engine ... advocacy groups like triple a recommend a low powered vehicle like a four cylinder for the inexperienced driver...

#### ENTERTAINMENT NEWS:

From fun and fashionable, to culturally inspiring...entrepreneur alma marquez has created a unique line of clothes that meets the needs of many.

Alma is the creator of mami and me, a line of children and adult shirts that celebrate the latino culture. Endearing spanish sayings can be found on everything from onesies to adult t's.

#### HEALTH/FITNESS:

We've all eaten vinegar in everything from coleslaw to pickles. But what if you could actually use this condiment to help prevent disease?

In most grocery stores, you find vinegar in the salad dressing aisle. But one nutritionist hopes to change the way we think about the sour solution.

"Hippocrates used it thousands of years ago as a medicine.

Carol Johnston is studying the benefits of vinegar. In her first study, three groups of people - healthy, pre-diabetic and type two diabetics... were tested to see if vinegar would lower their blood glucose levels.

Interestingly, the group that got the vinegar lost several pounds on average and that was significant compared to the placebo group that had no change in their weight.

#### SPORTS:

So, you think pro wrestling is fake? We sent Paul Higgins in the ring to find out:

Weather

Calendar

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

**NATIONAL NEWS:**

If you're looking for a summer project, how about creating an auto safety video? AS part of its annual scholarship competition, "Safety Scholars," Bridgestone is asking students throughout the U.S. to come up with creative ways to introduce auto safety tips. Students will create short videos that promote driver safety and education. The top three contestants, who will be announced Aug. 8, will each receive a \$5,000 college scholarship and the top four winners will showcase their work at the 2009 Chicago Auto Show. Available video includes an edited package on this year's contest, scenes from the 2007 awards ceremony and student video entries.

**NATIONAL NEWS:**

Reducing a vehicle's aerodynamic drag can improve a car's fuel economy, say automakers. Not only can designers make it easier for a car to push through the air, automakers report drivers can also pull their weight by removing unused bike, ski or luggage racks off the vehicle's roof. Available video includes general views of the Chevrolet Volt and other aerodynamically designed cars, soundbites on improving fuel economy and an edited package on how to save on gas by reducing a car's wind resistance.

**LOCAL NEWS:**

A Japanese restaurant in the Hollywood Hills has been designated an historic-cultural monument by a Los Angeles City Council committee. Yamashiro, an example of Japanese revival architecture, was built between 1911 and 1914 by architect Franklin W. Small at the request of German-born cotton barons Eugene and Adolph Bernheimer.

**CELEBRITY BIRTHDAYS**

**SPORTS:**

Roller Derby is gaining a cult-like following here in Los Angeles, and Sports reporter Jim Murray took time away from the stick and ball sports to do some investigation into the cultural phenomenon.

**WEATHER MAP**

**COMMUNITY CALENDAR**

6/13/2008 17:30:00 IN5600 3 0:28:30 Kvmd-SoCal Life

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6/14/2008 6:00:00 IN5600 3 0:28:30 Kvmd-SoCal Life

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- Real Estate
- Health
- Travel
- Fitness

6/15/2008 6:00:00 IN5600 3 0:28:30 Kvmd-SoCal Life

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6/16/2008 17:30:00 IN5692 3 0:28:30 Kvmd-SoCal Life

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

**LOCAL NEWS:**

Every week on So Cal life we showcase a different city in the southland, in this week's spotlight we take you to RANCHO CUCAMONGA

**NATIONAL NEWS:**

Americans lose an estimated \$12 billion a year due to travel fraud. To avoid becoming a part of this statistic, consumer protection officials recommend you should pay with a credit card and remember the cliché holds true - if a deal seems too good to be true, then it usually is. Here's more:

**NATIONAL NEWS:**

You never would have thought that this good ol' boy car mechanic that likes to work with his hands would dream up an invention like this

It's a two-ton solar powered air conditioning unit, originally made for his costumers, but just might change the world...

It's wishful thinking that one day the SolCool unit will cool and save money in every home. In 2003 the major source off California's electricity was natural gas at 33.39% and that number has only continues to rise. As a by product of oil, natural gas like most natural resources are in desperate need of conservation and the solar powered solcool unit is one alternative that is greatly overdue.

**SPORTS:**

When most people think of boxing, they think of men, but as reporter Rhonda Hines shows us, the face of boxing is changing with more women participating in a sport that is still regarded as a male dominated activity....

**WEATHER**

**COMMUNITY CALENDAR**

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

THE LATEST GAS PRICES

**LOCAL NEWS:**

As we continue this week's spotlight on RANCHO CUCAMONGA.

**NATIONAL NEWS:**

As temperatures around the southland heat up, safety experts are urging parents to be ware of children's safety around the pool. An estimated 260 children under the age of five drown every year, according to the Consumer Product Safety Commission. This is the equivalent to one pre-school class every month. To help reduce this statistic, experts recommend taking a number of safety precautions around the pool. Here's more.

**POOL SAFETY**

**NATIONAL NEWS:**

Julie Vallese, US Consumer Product Safety Commission

"to put that in perspective, that's about one pre-school class every month."we are really stressing that this should be the season of caution for parents. That supervision and consistently watching your child when they are in the swimming pool is key to their safety."

To keep your pool safe for children, the c-p-s-c recommends putting a barrier fence, at least four feet high, around all four sides of the pool. Make sure all doors leading to the pool are secure with alarms...and, most important, know where the children are at all times

Julie Vallese, US Consumer product Safety Commission

"if a child goes missing and there is a pool in the general area look in the pool first because when it comes to drowning every second counts."

Ralf Vallani has this advice for grandparents.

I would urge every grandparent to do what ever they can to get their grandchildren to learn how to swim as early as possible."

**FASHION ENTERTAINMENT:**

Ever wonder how certain types of jeans can pinpoint an era? Levi Strauss during the gold rush... 50's rolled up jeans.. 70's bell bottom jeans and of course the 80's stone washed jeans. But today.. There's a new league of jeans called premium denim. Heather Dawson shows us why many are willing to pay top dollar for this latest craze:

WEATHER

COMMUNITY CALENDAR

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

**OVERVIEW:**

Tonight on So Cal Life, historic wedding bells are rung across the state yesterday as same sex couples headed for the altar, we'll have more on exactly how many tied the knot. And what's in store for California's economy and how does it compare to the rest of the country? The forecast through 2009 is in and we've got the details. Plus you probably recognize him from American Pie, and Dude Where's My Car, but now the prince of silly comedies is trying something new. We sit down with Sean William Scott to talk about his latest project.

**NATIONAL NEWS:**

June has always been known as wedding season, and now same-sex couples are joining in on the festivities. Tuesday was the first full day marriage licenses became available to homosexual couples in California. Los Angeles County alone issued 648 marriage licenses and presided over 279 same-sex weddings yesterday.

**LOCAL NEWS:**

California's economy will remain weak through the end of the year and into 2009. This is according to a quarterly forecast released by U-C-L-A economists today. However, they say the strength that the L-A area is strong in exporting which will help counteract the housing industry slump. On the national front, the U-C-L-A Anderson Forecast says the economy will likely avoid falling into a full-blown recession. Nevertheless growth through the end of next year is expected to be no better than sub-prime.

**NATIONAL NEWS:**

Since children have the highest death rate due to drowning, water safety has become a growing concern especially for parents. To avoid water-related accidents and ensure safety, American Red Cross officials say the best thing anyone can do is learn to swim. Sothern California life brings you more.

**HEALTH/FITNESS:**

It's a fact, more than 9 million children are obese. So, why don't other countries have this problem? Some say, it's because of the American diet. Tonight, you're going to meet a local woman who has made it her goal to teach American families how to cook healthy, Japanese meals for their families. In part one of a special series, Japanese cooking in America:

Keiko doesn't just offer cooking classes, she also brings her message of healthy eating to dinner parties and other events. You can find out more about Keiko's class by going to her website [www.shine12.com](http://www.shine12.com)

From healthy Japanese cooking it decadent Italian dining. If you're looking for a taste of Italy without traveling abroad, head on over to Valentina. Its an Italian restaurant and supper club, where you will not only enjoy some authentic Mediterranean cuisine, but you can learn how to prepare it at the restaurant's monthly cooking classes. Our secret diner reports.

**LOCAL NEWS:**

Every week on So Cal Life, we showcase a different city in the Southland to introduce you to a place you may not know about, or show you some gems right in your own backyard. This evening we head back to Rancho Cucamonga for a look at a theater that has become an Inland Valley cultural gem. Heather Dawson brings us more.

**ENTERTAINMENT NEWS:**

Are you up on the latest celebrity craze? Our next guest brings us the drink from halfway around the world that has Hollywood buzzing, And the man best known as Stifler from American Pie, sits down with us to talk about forging a new identity for himself on the big screen.

We first meet Sean William Scott almost ten years ago when he own over Hollywood as Stifler in the American Pie movies. Since then this 30-year old actor has done it all from drama to comedy to action to indie. Ron Jacobsohn sat down with this versatile actor to talk about his new movie, the iconic "Stifler", and his newest friend.

**WEATHER**

**COMMUNITY CALENDAR**

6/19/2008 17:30:00 IN5695 3 0:28:30 Kvmd-SoCal Life

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

**OVERVIEW:**

This evening on So Cal Life, our in studio guest joins us fresh off a star studded event where young Hollywood came out to support his organization's efforts to put a stop to child abuse and neglect. And we spotlight Rancho Cucamonga where their winery is local but the wine it produces is a bi-continental wine. Plus *In Plain Sight* the new summer drama on the USA network is getting a lot of attention. Our Ron Jacobsohn interviews the star of the film to see what all the buzz is about.

**LOCAL NEWS:**

We continue our feature on the city of Rancho Cucamonga with a trip to a winery that mixes the best of two worlds. Heather Dawson brings us this week's spotlight.

**HEALTH/FITNESS:**

The national sleep foundation estimates one-third of America's very young, school-aged children are not getting enough sleep. But as Tom Jordan shows us, sleep disorders are often hidden behind learning and behavioral problems.

**NATIONAL NEWS:**

Still to come, Washington is full of lobbyists advocating on behalf of one interest group or another and most of those groups have lots of money and power. But after this break, we sit down with someone who is acting as the voice of children who can't speak up for themselves. Find out what his organization is doing to put an end to child abuse and neglect and how you can help.

**ENTERTAINMENT NEWS:**

In entertainment, Mary McCormick takes on her first action hero role in the new USA drama *In Plain Sight*. We talk to the actress about what make her take on the part.

**CELEBRITY BIRTHDAYS...**

**ENTERTAINMENT NEWS:**

Last year USA Network made *The Starter Wife* their summer guilty pleasure season, this year *In Plain Sight* is taking over that spot. Ron Jacobsohn brings us more.

**LOCAL SPORTS/NEWS:**

We'll take another look at Rancho Cucamonga a city that has its very own minor league baseball team, "The Quakes"

**WEATHER**

**CALENDAR**

6/20/2008 17:30:00 IN5695 3 0:28:30 Kvmd-SoCal Life

Southern California is home to some of the most advanced medical facilities in the world. Our health and fitness segments examine health, medical, and fitness breakthroughs that are impacting people's lives across the Southland. These wellbeing segments also offer guidance for a healthier lifestyle through nutritional and exercise advice.

6/21/2008 6:00:00 IN5695 3 0:28:30 Kvmd-SoCal Life

On Southern California Life we take a more personal approach to local sports coverage. Chad Rohn and Jim Murray bring you in-depth features on the athletes, coaches and institutions that make So Cal Sports the best in the world.

6/22/20086:00:00 IN5695 3 0:28:30 Kvmd-SoCal Life

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6/23/200817:30:00 IN5696 3 0:28:30 Kvmd-SoCal Life

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6/24/200817:30:00 IN5698 3 0:28:30 Kvmd-SoCal Life

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- Real Estate
- Health
- Travel
- Fitness

6/25/200817:30:00 IN5699 3 0:28:30 Kvmd-SoCal Life

Every night on Southern California Life we feature an in-studio interview with southland residents who are making a difference in their community and the world. Our guests include doctors who have developed cutting edge technologies, designers who have created the most sought after fashions in Hollywood, musicians displaying some rare talents, plus authors, dancers, artists, real estate experts, you name it.

6/26/2008 17:30:00 IN5700 3 0:28:30 Kvmd-SoCal Life

**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

**OVERVIEW:**

Tonight on so cal life well take you to a place that focuses on making just the right doll for every American girl. Plus our in Studio guest our in studio guest shares the secret to healthy looking skin . And in entertainment , we bring you Kit Kittredge; American Girl a film about aspiration and dreams, starring Abigail Breslin.

**LOCAL NEWS:**

Where you live in the southland could determine how much you pay for electricity. A proposal to charge Los Angeles residents different rates for electricity depending on where they live HAS been approved by a Los Angeles City Council committee. If approved, the tiered structure would not take effect until next summer.

All week we've been showcasing the beautiful city of san juan capistrano. We end this weeks spotlight on san juan capistrano with a trip to the san juan capistrano museum.

**HEALTH/FITNESS:**

Women expecting twins and triplets nearly always deliver early. But as tom Jordan Explains. Researchers hope new treatment can prevent thousands of premature births.

**ENTERTAINMENT NEWS:**

our in studio guest is bringing one of the islands best kept secrets right here to California. And our entertainment reporter tells us more about the movies that will touch every American Girl.

We introduce the a film about a young girl aspiring to become a newspaper journalist in Kit Kittredge.

**CELEBRITY BIRTHDAYS...**

Depression era stricken Cincinnati is the centre of this family Dramadey starring Oscar Nominee, Abigail Breslin, that is based on one of the most famous American Girl books and dolls as Ron Jacobsohn reports from the premiere.

**TRAVEL:**

Our next story is about a place every girl needs to visit, no matter what your age we sent our summer intern Michelle to explore what makes this doll franchise so popular:

**WEATHER**

**CALENDAR**

6/27/2008 17:30:00 IN5701 3 0:28:30 Kvmd-SoCal Life

Southern California is home to some of the most advanced medical facilities in the world. Our health and fitness segments examine health, medical, and fitness breakthroughs that are impacting people's lives across the Southland. These wellbeing segments also offer guidance for a healthier lifestyle through nutritional and exercise advice.

6/28/2008 6:00:00 IN5700 3 0:28:30 Kvmd-SoCal Life

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- Real Estate
- Health
- Travel
- Fitness

6/29/2008 6:00:00 IN5700 3 0:28:30 Kvmd-SoCal Life

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**TOPICS COVERED BUT NOT LIMITED TO:**

**PERTENANT ISSUES AND PROGRAMMING:**

**OVERVIEW;**

Tonight on So Cal Life we shine the light on the city of Ontario the fastest growing city in the Inland Empire, Plus our in studio guest is a local physician who helped create a cutting edge technique to make surgery incision smaller and less painful. And in Entertainment Hundreds of Papparazi gathered at LA's prestigious Greek Theatre for a Robot, see what all the Hollywood fuss is all about.

**NATIONAL NEWS:**

Gov. Arnold Schwarzenegger blamed his political woes on California's deteriorating economy, and said the president's economic stimulus package will improve things in California. In his latest interview on NBC's "Meet The Press," the governor boasted that --despite his plummeting approval ratings -- California has gotten back on its feet since he took office and brought Democrats and Republicans together to rebuild the state's economy.

**NATIONAL NEWS:**

GAS prices are forcing Americans to travel less this year. The average cost of gas is \$4.60 2 cents lower since hitting a record high of \$4.62 on June 21. However, the average is 49 cents higher than last month and \$1.46 higher than last year.

If gas prices have got your down, try the metro. Six new metro rapid bus lines started operation today. Rapid transit buses are equipped with computers that can trigger green lights as they approach signals, making them 25 percent faster than normal buses.

**LOCAL NEWS:**

This week we will be profiling one of the fastest growing city's in the Inland Empire as David Wylie takes us on a tour of Ontario.

**HEALTH/FITNESS:**

Nearly 6-million u.s. Women are presently diagnosed with infertility. Today we take you inside the office of one of LA's leading m.d.'s -- dr. Oleg Bess. He shows us how surgery is helping many woman correct fertility problems. Lisa Sedillo takes us there in this special health report. We had the pleasure of interviewing Dr. Bess in studio and he has great news if you plan to nip or tuck anytime soon.

**CELEBRITY BIRTHDAYS:**

**ENTERTAINMENT NEWS:**

The Screen Actors Guild labor contract with Hollywood studios is set to expire Tonight. The union president, Alan Rosenberg says he expects actors will still be working tomorrow morning.

Pixar magic continues as the Walt Disney Company's "Wall-E" debuts with \$62.5 million in opening weekend, and taking the box office crown. Ron Jacobson reports from the premiere.

**SPORTS:**

The Cal State Fullerton baseball team got some good news last week as Christian Colon and Josh Fellhauer (pronounced Fell-how-er) were selected to represent the U.S. national team. Earlier this month however, Fullerton was eliminated in the NCAA regionals by Stanford. Jonathan Khamis was there and he tells us more.

**WEATHER**

**CALENDAR**

