



SOUTHERN CALIFORNIA LIFE

DATE: 9-9-08

TIME: 5:30 – 6:00 P.M.

TOPICS COVERED BUT NOT LIMITED TO:

PERTENANT ISSUES AND PROGRAMMING:

OVERVIEW:

A NEW PERSPECTIVE ON THE LOCAL NEWS...

NATIONAL NEWS:

Now that the busy travel season is over, gas prices are dropping. The average price of a gallon of regular gasoline has dropped for the 62nd consecutive day to \$3.82 cents. Today's average is 35 cents less than at this time last month and 80 Cents lower than the record high of \$4.62 cents set on June 21. However, gas is still a dollar more expensive than this time last year.

NATIONAL NEWS:

Well here's a stereotype we need to change:

Stereotypical views that girls are not interested in math and female scientists are unhappy cause many young women to avoid these industries, according to the national science foundation. While stereotypes indicate more boys than girls are interested in science, the N.S.F. says this is untrue. A recent study of fourth graders indicates 66 percent of girls and 68 percent of boys all like science. However, as girls continue through school, stereotypes portraying most scientists as white men in lab coats lead them to consider a different career path.

ENTERTAINMENT NEWS:

Our next stop on this week's Hollywood spotlight, takes us to Yamashiro's -- an 88 year institution which was recently named a historical cultural monument in Los Angeles. Lisa Sedillo is there now with more.

COMMUNITY NEWS:

Yamashiro means mountain palace in Japanese and since 1914 this beautiful establishment has looked over the entire city of Hollywood. And sitting 250 feet above Hollywood boulevard, Yamashiro's not only features the best views of Los Angeles, but also has a rich history.

In 1911, the Bernheimer brothers had a dream of building a palace like in Japan and built this elaborate building, with a garden of 30 thousand different shrubs. The grounds also featured waterfalls, goldfish and a private zoo of exotic birds and monkeys. Inside, this inner garden courtyard housed some of the Bernheimer's unique art and artifacts. And today you can still see the 600 year old pagoda which was brought in from Japan.

The aesthetic of the pagoda kind you find in Kyoto Japan -- reinforce the Japanese esthetic and the pagoda is a representation of that we've been on so many show...we say it's the oldest structure in ca and no one has contested it.

During Hollywood's golden age, Yamashiro's turned into the exclusive 400 club for Hollywood's elite.

The starlets came here open to celebs to come in...and spend time then as we get into the 40s there was a strong Japanese sentiment as a whole...and here they were worried Yamashiro's was a look out for Japanese subs and the city covered it up w/ foliage and hid from public so it wouldn't be vandalized or burnt down

In 1948 that my step fathers, father purchased the property which was 60 years ago now it's been in the same family since. My step, father Thomas o Glover took it over from this father and started the restaurant in the early 60s and decided to start giving out apps and that's how it became a restaurant.

Yamashiro's offers more than just a great meal and killer views. They have movie night every Wednesday, featuring vintage films like breakfast at tiffanies. And this Hollywood hot spot just might be the perfect place for your upcoming wedding or a romantic place to pop the question. For more details, go to their website at: www.yamashirorestaurant.com

NATIONAL NEWS:

Researchers with the centers for disease control and prevention say there are more people newly infected with H.I.V. Each year in the U.S. Than first thought. A new test, applied to blood samples in the lab, is able to help distinguish recent H.I.V. Infections from others acquired many years ago.

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NATIONAL NEWS:

Try to imagine your family reusing or recycling everything – never throwing anything away. Now imagine a huge manufacturing plant like this doing the same. Well believe it or not there are companies out there committing to this extreme form of “going green” called “landfill free.” “Landfill free means that all of the materials that we generate as a result of regular production operations are either recycled or reused in some way.”

This is the Flint engine south facility, where General Motors builds the v-6 engines that go into many of its luxury and crossover vehicles. By recycling and reusing everything from aluminum chips, to plastic trays, to used gloves, the plant eliminates nearly 8,000 tons of landfill waste a year.

“When this plant was designed, prior to even being built, it was understood what would be generated, a lot of work went in ahead of time to find homes for those products, and then as the plant was developing programs and generating these materials our engineers worked very hard, working with outside sources and recyclers, to find homes for these products, some of which end up right back into our facilities as products as well.”

“We work with General Motors and they’re efforts of by-product reduction by taking obsolete containers general motors has - we Demanufacture them, separate the various parts, and sell them to recyclers and compounders to turn them into usable parts. And hopefully return them back to the automotive industry. Not only are they returning back to the factories and being taken away from the landfill that they were going before, but they are also creating jobs for people with disabilities and disadvantage here at goodwill.”

GM says designing their manufacturing process to be “landfill-free” is a win-win-win – it’s better for the environment, it creates jobs, and ultimately it saves money. Today, 12 of the company’s U.S. plants and 43 worldwide have achieved landfill free status. The goal: 50 percent of major

manufacturing operations by the end of 2010.

Several manufacturing companies are partnering with goodwill to reduce their carbon footprint by recycling or reusing all production. One such company, general motors, reports 12 of its U.S. Plants and 43 worldwide are now landfill free – meaning they reuse or recycle everything from aluminum chips to plastic trays to used gloves. As a result, gm says it has eliminated an estimated 8,000 tons of waste annually.

ENTERTAINMENT NEWS:

Yes, you heard right... The famous zip-code is back on prime time. The CW is reviving the popular 90's show and has even convinced some of the original cast member the reprise their characters.

ENTERTAINMENT NEWS:

No one doubts great works of fiction as art, or even compelling music. Films have been lauded for their artistic expression, but for video games, the question remains. Can they be considered art? Jonathan Khamis covered the video game art show I am 8-bit in search of the answer.

ENTERTAINMENT NEWS:

The fourth annual I am 8-bit group art show opened in Hollywood at the world of wonder storefront gallery. Fans lined outside early for a chance to peek inside and see their favorite artists' newest creations. I am 8-bit launched in 2005. It quickly became popular with over 100 artists contributing this year. And L.A. Weekly declaring it the best art show in town.

8-bit has been a tremendous success. Everybody from the artists to the fans have enjoyed these works of art. It's a perfect way to recreate those classic video game moments.

Weather

Calendar

A handwritten signature in black ink that reads "Lawrence Bender". The signature is written in a cursive, flowing style with a large, sweeping arch over the last name.



SOUTHERN CALIFORNIA LIFE

DATE: 9-10-08

TIME: 5:30 – 6:00 P.M.

TOPICS COVERED BUT NOT LIMITED TO:

PERTENANT ISSUES AND PROGRAMMING:

OVERVIEW:

A NEW PERSPECTIVE ON THE LOCAL NEWS...

NATIONAL NEWS:

President Bush has taken a critical step towards preserving areas of U.S. waters in the Pacific Ocean. It would create the world's largest protected area covering an area nearly the size of Alaska. The proposed areas include the Central Pacific Islands and the Northern Mariana Islands. Seventy-Five percent of the world's corals are located in these regions, yet the area under consideration is still largely untouched by human activity.

COMMUNITY NEWS:

Every week we showcase a different city in the southland. Tonight we take you back to Hollywood. Montage landmarks it's been called many things, Tinseltown, America's Movie Capital, but there's no other place like it in the world...now we're turning the spotlight as we welcome you to Hollywood!

Tinseltown's most famous landmark is the Hollywood sign. Standing four stories high, each letter runs 30 feet at its base along Hollywood hills. Built in 1923, the sign first read "Hollywoodland" and was lit up by 4,000 light bulbs. It represents the universal symbol for success, glamour and opportunity. In 1939 with the ensuing great depression,

maintenance stopped on the sign, lights destroyed, but ten years later the Hollywood chamber of commerce restored the landmark to read "Hollywood."

I will say it was a little more collegial than today because all the merchant lived here or the people who live there or were in the movie biz this is a pretty big community right now it's alive even though we had the down spell...and the name Hollywood is still magic

The most famous theatre in the world sits in the center of town on Hollywood boulevard – the Grauman's Chinese Theatre. Since its opening gala back in May of 1927. Millions of visitors travel year round to see its legendary forecourt which stores Hollywood's hand and foot prints where the stars are immortalized in cement.

GENERAL INTEREST NEWS:

The new Monopoly game, "Monopoly Here and Now: World Edition," is being released with several new features and new locations. The destinations were determined by an online, global vote. Some of the 22 cities chosen include London, New York, Paris, Sydney and Beijing. The game has been created in 37 different languages and is available in 50 countries worldwide.

HEALTH NEWS:

You may have heard of medical procedures where freezing temperatures are successfully used to remove various growths on a patient's body. But what about freezing nerves to relieve pain? Tom Jordan explains how a local doctor is doing just that.

Bone cancer combined with a serious car accident has caused severe pain for Patrick Mayers. Has all kind of problems and terrible pain which goes on for days. Sometimes for months. But Patrick has found much relief from a remarkable source: a procedure that uses a metal-tipped probe that delivers icy-cold gas directly to the problem area. The procedure is called Chryoneurolysis. What we're using is cold to essentially stop neurotransmission through the nerve.

Rancho mirage pain management specialist doctor Roland Reinhart causes liquid nitric oxide to flow through a tube to the tip of the probe. It's delivered to a targeted spot on the nerve between the brain and the affected area.

Doctor Reinhart says the disruption of pain lasts for about six months. He says the Chryo-neuro-lie-sis procedure can be repeated as often as necessary and is best performed in many
Common problem areas.

Doctor Reinhart says the freezing treatment can also be used in areas like the forehead for a fraction of the cost of Botox.

NATIONAL NEWS:

While hydrogen fuel cell vehicles are a few years away from mass production, testing has begun with some cars already visible on the road. One automaker, General Motors, has launched a test program – “Project Driveway” – in which they are loaning 100 vehicles to select families throughout the country.

Today, fuel cell technology is moving from laboratory test to test drive. Some lucky people in California, New York, and Washington are part of the largest market test ever for hydrogen powered vehicles. Chevrolet is loaning more than 100 Equinox Fuel Cell electric vehicles as part of a campaign called “Project Driveway.” The Lee family is among them.

ENTERTAINMENT NEWS:

Is three the magic number for the Little Mermaid? Disney Home Entertainment certainly hopes so as it releases the new direct to DVD movie with all the original cast members and a famous add-on, Sally Field, as the evil Marina Del Ray. Our Ron Jacobson ventured out to Catalina Island for the premiere of the movie to get all the scoop on Ariels Beginning.

WEATHER

CALENDAR

A handwritten signature in black ink that reads "Lawrence LeMay". The signature is written in a cursive style with a large, sweeping flourish over the name.



SOUTHERN CALIFORNIA LIFE

DATE: 9-11-08

TIME: 5:30 – 6:00 P.M.

TOPICS COVERED BUT NOT LIMITED TO:

PERTENANT ISSUES AND PROGRAMMING:

OVERVIEW:

A NEW PERSPECTIVE ON THE LOCAL NEWS...

NATIONAL NEWS:

It's the 7th anniversary of September 11th, 2001: the worst attack on American soil. In memory of nine eleven many U.S. military personnel, law enforcement officers and Firefighters killed in the line of duty were honored this week in the southland. The moms of military Prayer & support group sponsored the event in riverside.

HEALTH NEWS:

A new study has uncovered three new gene mutations that result in the most common form of brain cancer, Glioblastoma (GBM). These mutations include NF1, a gene previously known to cause neurofibromatosis 1; ERBB2, a gene notoriously related to breast cancer; and PIK3R1, an influential gene involved in the progression of many cancers. These mutations, the study shows, will help researchers better develop therapies for individual tumors. The findings of the study were first reported by The Cancer Genome Atlas (TCGA) Research Network, a group funded by the National Cancer Institute and the National Institutes of Health. Available video includes an NIH center, DNA strands, mutations, and lab research.

COMMUNITY NEWS:

Tinseltown isn't all about glitz and glamour...in this Hollywood spotlight – Lisa Sedillo reports on the charitable ways the stars reach out to give to their community.

Whether it's a red carpet event an outdoor race...or a star studded music event Hollywood stars pull out all the stops to give back to their community. One of this year's biggest celebrity showings was at the recent 13th annual Revlon run/walk for Women's cancers. Over 50,000 Angelinos woke up very early this morning for the Revlon Run/Walk and some celebrities came out to support as well like Juliana Moore, Felicity Huffman and Marica Cross. Some of TV's favorite desperate housewives hosted this year's event along with Revlon spokeswomen Julianne Moore and Kate Bosworth. The race is one of the nation's largest 5k fundraising events for Women's' cancers and co-founder Lilly Tartikoff says she's amazed by the out-pouring of celebrity support.

ENTERTAINMENT NEWS:

Earlier this year, the singer/songwriter was honored for his contributions to the preservation of the arts and humanitarian causes. Taylor was entertained by his peers, including Sheryl Crowe, David Crosby, Bruce Springsteen and Sting. The concert ticket proceeds went to Musicales' health and human services programs.

ENTERTAINMENT NEWS:

Even one of Tinseltown's highest grossing stars Samuel L. Jackson takes time out to help the needy. And along with his wife Tanya Richardson, Samuel was honored with the Hollywood legacy family award for their continued work helping the less fortunate. And often celebrities dealing with their own personal tragedy's reach out to help – like Teri Hatcher who was recently named the national celebrity spokesperson for the Amberwatch after admitting her own abuse as a child.

GENERAL INTEREST NEWS:

Switching gears to the auto industry, do you think buying a used car can be risky? Well, while used cars are cheaper, General Motors reports these types of dealerships may create more of a risk than a bargain. GM has documented more than 400 hours of footage highlighting these risks ...Here's the details:

With housing values dropping and credit drying up, people who once thought of buying a new car to replace their old car, are now re-thinking, and looking at used cars instead.

I think there's never been a better time to buy a used vehicle than right now, and certified used vehicles are a big, big part of that, because a lot of people buy new vehicles not necessarily because they need a new vehicle, but because they want that piece of mind that comes with a vehicle warranty.

Most manufacturers offer added warranty certified used vehicles through their dealers

and Kelly Blue Book says that the added guarantees and protections you get with a certified used vehicle probably means you'll pay more. But what exactly are those guarantees and how does someone decide whether it's worth it to them.

A new website from General Motors certified used vehicle program is trying to show in a humorous, candid camera-like style just how certified used cars and trucks are different from regular non-certified used vehicles.

We used humor on the used car ambush site primarily to engage users. It's kind of a sea of sameness with certification, and what we want to do is break through and get our message to consumer so they know the benefits.

A certified used vehicle is typically less than five years old and has under 60,000 miles, after a multi-point inspection and anything that needs fixing is fixed, the original manufacturer, not the dealer, will increase the warranty.

GENERAL INTEREST NEWS:

If you've ever been to a sporting event or concert, you probably noticed that the best seats are always filled by the celebrities and the super rich. This is of course to be expected since the good seats are always the most expensive. But our next guest brings hope for the average person. Fred Salas is KVMD's own Sports Play by Play Announcer who has authored a new book called "how to get into the big game...*The Poor Man's Guide To Buying Scalper Tickets*" that will tell you how to legally purchase big game and concert tickets for a fraction of the face value.

ENTERTAINMENT NEWS:

At 42 Kiefer Sutherland is in a great place in life. He stars in one of the most critically acclaimed shows on prime time, was nominated for an Emmy, Golden Globe and won the SAG award. Now he stars in the thriller *Mirrors* which he also produced. In a one-on-one with our Ron Jacobsohn he openly talks about not liking to look in the mirror and how it feels to follow in his dad's footsteps as a second generation Hollywood actor.

SPORTS:

Do you ever wonder what happened to some of the gold medal winners at the Olympics? Some could be living right next door. B-H Weber caught up with one couple here in the southland:

WEATHER

CALENDAR

A handwritten signature in black ink, reading "Lawrence P. Weber". The signature is written in a cursive style with a large, sweeping flourish at the end.



SOUTHERN CALIFORNIA LIFE

DATE: 9-15-08

TIME: 5:30 – 6:00 P.M.

TOPICS COVERED BUT NOT LIMITED TO:

PERTENANT ISSUES AND PROGRAMMING:

OVERVIEW:

A NEW PERSPECTIVE ON THE LOCAL NEWS...

COMMUNITY NEWS:

Only a few hours after the happy celebration at city hall Friday, mayor Villaraigosa rushed to the deadly metro train crash in Chatsworth. The death toll remains at 25. The mayor is calling for a better safety measure to protect against human error, because quote ``two trains on the Same track is just unacceptable," the NTSB is taking over the investigation of the crash. The engineer on the Metro-link commuter train reportedly ran a red light and smashed head-on into a freight train.

COMMUNITY NEWS:

The high desert community of Twentynine Palms is world renowned. Mostly for having the largest marine base in the world... and it's historic Joshua tree national park. But there's a lot to the city you might not know. Tom Jordan went to Twentynine palms and learned the city has a lot to offer.

You could almost call Twentynine Palms a city of two distinct, Yet very connected worlds. Almost half the city population resides at the Marine Corps air ground combat center. But the city is far more than just a Marine Base.

The city of Twentynine Palms was named for the [palm trees](#) located in the [oasis of Mara](#), at Joshua tree national park headquarters. When the area was settled by miners in the late 1800's, there were 29 palm trees growing in the oasis at the time, most of which are still standing today. Twenty nine palms is also the home of Joshua tree national park and park headquarters, proud host of the marine corps air ground combat center, the world's largest marine base, and with renowned world class murals and artists, the city offers a skilled labor force, a supportive business climate, pristine air, beautiful natural surroundings, desert and mountain vistas, and family lifestyle.

HEALTH:

Arthritis is one of the leading causes of pain in America. It can strike pretty much any part of the body at varying degrees. Tom Jordan joins us with more on treatment. Living with arthritis is common. But living with the pain doesn't have to be. DR. RIEHNHART explains.

CELEBRITY BIRTHDAYS

ENTERTAINMENT NEWS:

With a cast including Donald Sutherland, William Baldwin, Blair Underwood and Jill Clayburgh every one took notice when ABC debuted its comedic prime time soap, Dirty Sexy Money. Then the writers strike hit Hollywood and everyone was sure the show won't be able to find an audience but ABC thought different and decided to renew the show for another season. Just shy of the debut of its second season Disney Home Entertainment is releasing the season one DVD with all the cast and crew celebrating in a huge red carpet bash as our Ron Jacobsohn reports

ENTERTAINMENT NEWS:

No one doubts great works of fiction as art, or even compelling music. Films have been lauded for their artistic expression, but for video games, the question remains. Can they be considered art? Jonathan Khamis covered the recent video game art show in Hollywood.

The fourth annual I AM 8-BIT group art show opened in Hollywood at the World of Wonder Storefront Gallery. Fans lined outside early for a chance to peek inside and see their favorite artists' newest creations. I AM 8-BIT launched in 2005. It quickly became popular with over 100 artists contributing this year. and L.A. Weekly declaring it the best art show in town.

WEATHER

CALENDAR

CREDITS

A handwritten signature in black ink that reads "Lawrence Bender". The signature is written in a cursive, flowing style with a large, prominent loop at the end of the name.



SOUTHERN CALIFORNIA LIFE

DATE: 9-16-08

TIME: 5:30 – 6:00 P.M.

TOPICS COVERED BUT NOT LIMITED TO:

PERTENANT ISSUES AND PROGRAMMING:

NATIONAL NEWS:

Well, finally some good news regarding the southland's air quality. A new study released this month has revealed that air pollution that may cause some cancers is down 8 percent in the southland. However, while as a whole the southland is seeing a decrease, areas like riverside are actually experiencing an increase in air pollution. A new climate change policy will soon be put into affect in order to continue to reduce our toxic emissions and further protect public health.

NATIONAL NEWS:

A small start-up company in the south bay claims its Nautilus e-30 truck is the most-powerful electric tractor unit in the world. It's designed for hauling trailers. The firm says it can build more than 1,000 electric trucks a year. If you want to see for yourself, head to the long beach convention center where they are demonstrating the e-30 trucks.

HEALTH NEWS:

Another woman is on a mission to solve our obesity problems. After owning a sushi restaurant for 30 years in the southland, Keiko Tamaka is trying to teach American moms how to cook healthy meals for their kids:

COMMUNITY NEWS:

Every week we showcase a different city in the southland. Tonight, the high desert area of Twentynine Palms is home to the nation's largest marine combat center. It is where soldiers train for combat in Iraq. But there's much more to this city than meets the eye. A closer look reveals a tight-knit community. A sense of neighborly kindness, commitment, and loyalty is found here. This is what grabs the headlines Machine gunfire. Troops readying for battle overseas. The Twentynine palms marine combat center is recognized the world over. But look closer... Just off base... and you'll see a kinder side to this city of 27-thousand residents.

Mayor Kevin Coles is himself a lifetime resident. He says while the city is in a period of growth. It's priority number one to protect the area's asset's. Another major asset is indeed the base itself. Almost half the city's population lives on base. That includes wives and children. Full-time residents make it a point to welcome them into their community.

ENTERTAINMENT NEWS:

With grey's anatomy becoming one of the flagship shows on ABC, it was only a matter of time before the network would push for a spin-off. Last season private practice went on the air as that spin off with the character of Addison jumping ship to do her own show. Just weeks before the debut of its soft-more season the cast and crew celebrated the release of the DVD of season one in a glamorous red carpet event.

SPORT:

Steroids have been an issue in sports for more than a decade. Paul Higgins takes a closer look at steroids in high school:

Weather

Calendar

A handwritten signature in cursive script that reads "Lawrence P. Lewis". The signature is written in black ink and is positioned at the bottom of the page.



SOUTHERN CALIFORNIA LIFE

DATE: 9-17-08

TIME: 5:30 – 6:00 P.M.

TOPICS COVERED BUT NOT LIMITED TO:

PERTENANT ISSUES AND PROGRAMMING:

NATIONAL NEWS:

On the heels of the anniversary of 9/11, U.S. presidential contenders John McCain and Barack Obama discussed service during a summit in New York City. While Senator McCain and Senator Obama differ on a number of issues, both men agree there is a growing need for people to volunteer.

COMMUNITY NEWS:

There's no question.. The military is a big issue in this year's presidential election. The marines are also a big part of the high-desert community of Twentynine Palms. The feeling of support stretches throughout the high desert. And never is that more apparent when the troops return home from overseas.

HEALTH NEWS:

Nine out of ten children cannot rely on a school nurse to assist them with their diabetes during school. According to a new dawn youth study, children with diabetes drops out of school earlier than others. These are the results from the largest international survey exploring the psychosocial aspects of childhood diabetes.

According to the march of dimes, 25-thousand babies are born every year with a congenital heart defect. Open heart surgery isn't something most grownups look forward to. So imagine what this little guy's family thought when doctors said Little josh had a heart defect with a big name: 'transposition of the great arteries.' normally, the pulmonary artery is connected to the right ventricle -the aorta to the left ventricle. Josh's tiny arteries were flip-flopped, reversing the heart's circulation. His body wasn't getting enough life-sustaining oxygen, increasing his risk for heart failure. "The oxygen saturation level ends up being, instead of 100 percent is around, you know, 80 to 85 percent." "That means the aorta has to be cut and connected to the left ventricle and the pulmonary artery has to be cut and connected to the right ventricle." Delicate work, but doctor reddy performs up to 40 arterial switch procedures a year, most commonly on premature babies. Imagine operating on a heart the size of a grape. Sporting his three week old scar, josh is ready to go home. He's doing just fine and his heart is pumping the way it's supposed to.

ENTERTAINMENT NEWS:

He is one of the most thought after creators in Hollywood and after 6 seasons of Six Feet Under, HBO begged him to come up with another hit show for the network. So Alan Ball created True Blood a show about a small town in the south that has to deal with an uncommon issues, vampires who come to live among regular folks.

WEATHER

CALENDAR

A handwritten signature in black ink that reads "Lawrence Bender". The signature is written in a cursive, flowing style with a large, sweeping arch over the name.



SOUTHERN CALIFORNIA LIFE

DATE: 9-22-08
TIME: 5:30 – 6:00 P.M.

TOPICS COVERED BUT NOT LIMITED TO:

PERTENANT ISSUES AND PROGRAMMING:

NATIONAL NEWS:

The beginning of fall is also the start of the fire Season in the **southland**, when dry Santa Ana winds bring weather conditions Conducive to the spread of wildfires.

COMMUNITY NEWS:

The fourth phase of the city of Los Angeles' effort To reduce traffic congestion has been unveiled by Mayor Antonio Villaraigosa. Operation Bottleneck Relief Phase IV" will use variable green light Intervals and other traffic signal tweaks to improve traffic flow at an additional 60 of the city's most congested intersections.

COMMUNITY NEWS:

Every week we showcase a different city in the southland on our show. Well, this evening, David Wylie takes us to Oxnard. A beautiful beach side community in Southern California that sometimes gets overlooked. David Wylie takes a look at some of the hidden gems in the city.... Just up the coast from Los Angeles: Imagine a place with uncrowded beaches teeming with wildlife and first class resorts just a short drive from home. There is such a place just an hours drive north of Los Angeles...its called Oxnard. Oxnard is the largest city in Ventura County and is quickly emerging as a destination location for southern Californians looking to escape the hustle and bustle. Oxnard's roots are in agriculture specifically sugar beets. The city gets its name from Henry T. Oxnard who along with his three brothers built a large sugar processing factory in the area in the late 1800's. Today the area is known for its delicious strawberry's which are celebrated every year in May when thousands attend the California Strawberry festival. The city also celebrates its And there's Oxnard's beautiful shoreline with seven miles of beaches and a large harbor that acts as the gateway to the nearby Channel Islands which attract fishermen, divers, boaters, whale watchers and hikers.

Visitors to Oxnard have several first rate places to stay but none more breathtaking then the gorgeous Embassy Suites at Mandalay Beach the only all suites beach front resort in all of California. Oxnard also

offers some great dining options like the upscale Tierra Sur restaurant at the Herzog Winery and a whole variety of establishments in the historic downtown area.

And if you're not sure what to do in Oxnard make sure to stop at the California Welcome center which offers concierge level services. The welcome center is located the same building as the Oxnard Convention and Visitors bureau near the 101 freeway and Oxnard blvd. You can learn more by going to Oxnard tourism.com. Take a look and you'll find that Oxnard has all that's needs for a relaxing getaway

HEALTH NEWS:

Fearful of the dentist? You may not be, but it's estimated that millions of Americans are afraid to get that tooth checked out. But they don't have to be. In fact much of today's dentistry is geared towards making the visit free of fear and anxiety. Dental anxiety or fear of the dentist is a major stumbling block for many people. It usually prevents otherwise intelligent, rational people from optimizing and maintaining their dental health. Some people may have had some bad experiences as a child so psychologically they are traumatized. Doctor Allen Nazeri says part of the battle to help combat dental anxiety is being won with technology. This device for example, a drill-less laser making the visit easier. We can drill the teeth and do a lot of different procedures with this without using an actual drill and we don't have to anesthetize the patient. That itself definitely helps the patient. Doctor Nazeri also says the environment in which a patient sees the dentist plays a critical role in calming nerves. That's why he has devoted much of his practice to décor. Take a look: plasma screens. Soothing music, Scented rooms – it feels sounds... Even smells more like a resort hotel than a doctor's office. We have created an atmosphere where patients are very relaxed. It's more like a spa where patient can feel very relaxed while they get their treatments done.

Other ways to combat anxiety:

Be honest with your dentist. Let him or her know that you're Apprehensive.

Ask the dentist to fully explain the procedure. Don't pick a dentist out of a phone book. Look for credentials and referrals. Arrive early to your appointment to become more accustomed to the surroundings and staff. The most important part for the dentist is to really listen to the patient and have an understanding so they can address the patient's fears.

The goal is to receive treatment. Doctor Nazeri says if the mouth is ignored and left untreated... There could be a lot more to fear down the road, like oral health problems and higher dental bills.

The wait is finally over Heroes Season three is finally premiering tonight on NBC. To celebrate the long awaiting return (that took almost longer because of the writers strike) the producers decided to create a red carpet event and invite a few hundred fans from around the country to let them have a peek at the new season before the rest of the world would see it... Our Ron Jacobsohn just had to be there too...

ENTERTAINMENT NEWS:

Just a few weeks before season 3 hit the airwaves on NBC, Universal Home Entertainment is releasing the season 2 DVD filled with bonus features for die hard Heroes fans.

SPORTS:

It's officially football season and time now for the high school game of the week with Jonathan Khamis. High school football orange coast college in Costa Mesa "the game of the week."

SPORTS:

Formula 1 takes a step into the unknown with the inaugural Singapore Grand Prix on SUNDAY - the first Grand Prix to be held at night. Around 1,500 lights will illuminate the 5.067km Marina Bay circuit but the lack of natural light is not the only unique factor; rain is possible and teams face the unusual situation of air and track temperatures falling during the course of the race and practice sessions.

WEATHER

CALENDAR

Science & Religion



SOUTHERN CALIFORNIA LIFE

DATE: 9-24-08

TIME: 5:30 – 6:00 P.M.

TOPICS COVERED BUT NOT LIMITED TO:

PERTENANT ISSUES AND PROGRAMMING:

COMMUNITY NEWS:

Welcome back to Southern California Life community spotlight, I'm Heather Dawson. As we continue to look at the city OXNARD. Many Southern Californians may travel to Santa Barbara or Temecula to tour various wineries but as David Wylie reports--there's a winery in Oxnard that is changing the way some people perceive wine.

COMMUNITY NEWS:

No visit to Oxnard would be complete without a stop at the award winning Herzog winery and wine cellar. There you can watch the wine making operation first hand, sample some of the wines and enjoy exquisite dining. Well established on the east coast...the Herzog family came to the west coast in 1985, bringing its eight generations of wine making expertise to California. And the result has not been disappointing...with the Herzog wines winning accolades from wine connoisseurs. Now with their beautiful 77,000 square foot building...the Herzog winery is the largest kosher wine producer in the western United States. And forget about any old fashioned notions you may have about kosher wine...the Herzog wines can stand among the best wines in California. As you take the self guided tour of the Herzog winery you can see the care that goes into making their product with a hands on approach to winemaking. The results reflect the Herzog family's commitment to making great wine. And that elegance can be experienced first hand in the beautiful wine cellar tasting room. I especially liked the Herzog special reserve Chardonnay which has a lightly sweet and buttery taste...a great white wine for red wine lovers. Of course-- no visit to Herzog wine cellar is complete without a meal at the Tierra Sur restaurant which features seasonal Mediterranean influence cuisine with menu items such as pomegranate-marinated lamb and aged rib-eye steaks that are cooked outdoors over an open flame.

GENERAL INTEREST:

According to the American Veterinarian Medical Association, 5-7 million pets enter shelters every year. An overwhelming majority of these dogs and cats are not bad pets, but rather victims of unfortunate circumstances or a lack of education on the part of their former owners, who may not have understood all that goes into caring for a pet.

HEALTH/BEAUTY:

Does America's make-over mania tempt you to do some radical reconstruction? Plastic surgeons say it's important to get the facts. Most warn against an all-at-once re-do. When 52-year-old Gail Alba first met Doctor Allen Rosen, she knew she was looking for a change. Doctor Rosen asked her to prioritize her concerns. Then he recommended safely combining certain procedures. First an eyelift with a facelift, the next year a tummy tuck and breast lift, later other body contouring. But today's patients often have unrealistic expectations. Doctor Rosen and Doctor Valerie Ablaza (ah-blah-zuh) wrote this book to debunk current myths about cosmetic procedures. "They think it's just an easy snap your fingers. That's how sometimes it's portrayed on TV that they're ready for a walk down the red carpet in a week after having five different things done. And we're here to tell it like it really is what the reality is." "I talk about it like we do extreme sports, which is very dangerous. Extreme surgery is ridiculous. I think that anything that's extreme by definition means you're overdoing it." But balance and moderation can be a beautiful thing. "Make them the best version of themselves. And people come out looking refreshed, relaxed and, and even younger, but not necessarily a different person, unrecognizable to their family and friends." With subtle surgeries and healthy lifestyle changes, Gail transformed her looks and a whole lot more. The book "beauty in balance: a common sense approach to cosmetic surgery and treatment" is available at bookstores and online.

CELEBRITY BIRTHDAYS:

ENTERTAINMENT NEWS:

It is hard to believe TV icon Sesame Street is almost 40-years-old but with the new season that just kicked off they are... this season with will see a major shift in the look of the show and implementation of a major research study from the Children Television Workshop, the foundation that produces the show for PBS, about what subjects children a lagging on in the pre-school system.

SPORTS

When there is an issue on the Lakers bench, both players and coaches turn to one man, assistant. We bring you the story.

WEATHER

CALENDAR

A handwritten signature in black ink, reading "Lawrence A. Blaza". The signature is written in a cursive style with a large, sweeping flourish over the last name.



SOUTHERN CALIFORNIA LIFE

DATE: 9-29-08

TIME: 5:30 – 6:00 P.M.

TOPICS COVERED BUT NOT LIMITED TO:

PERTENANT ISSUES AND PROGRAMMING:

NATIONAL NEWS:

Jews in the Southland and around the world are gathering for the first day of Rosh Hashana. The two-day holiday marking the Jewish New Year. Rosh Hashana, ushering in the year 5769 on the Jewish calendar, will start at sundown TONIGHT with the blowing of the shofar, a ram's horn. The holiday starts a 10-day period of penitence and contemplation leading to Yom Kippur, the Day of Atonement, the most solemn and somber day on the Jewish calendar. Coming up a little later in our show, I sit down with an author who found humor in her childhood being raised by Holocaust survivors.

COMMUNITY NEWS:

Every week we showcase a different city on our show. We continue to take a closer look at the special communities throughout southern California...David Wylie takes us to the desert town of Apple valley. Apple Valley is located in San Bernardino County's High Desert...about 90 miles northeast of Los Angeles. It covers a massive 73 square miles and has a long and storied history That history began in the late 1800's when settlers first came to the region and began planting Apple Trees.

In fact some say the area was originally called Appleton Valley before it was shortened. By the time, World War 2 came along most of the Apple Trees were gone and in 1946 developers Bud Westlund and Newt Bass formed the Apple Valley Ranchos Land company and started building ranch style residential homes and the historic Apple Valley Inn. They eventually brought cowboy superstar Roy Rogers out and Rogers fell in love with Apple Valley right away. Soon the Apple Valley Inn was named for Rogers and that attracted dozens of big names stars like John Wayne and Bob Hope to visit the Inn.

During the 1960's Roy and his wife Dale Evans had built a museum to show off their western memorabilia and they became the face of the growing community.

The Roy Rogers museum has since moved to Branson, Missouri but the fort like building is still there. And even though Roy and Dale have passed away...hundreds of fans still visit their grave sites at Sunset Memorial park in northeastern Apple Valley. The cowboy lifestyle has long been a big part of Apple Valley and the town continues to embrace it today with numerous riding trails and an equestrian center. Apple Valley was first incorporated in 1988 and is celebrating its 20th years as a town. Life style is a big part of what Apple Valley is about...in fact the town's slogan is a better way of life. Most residential lots must be at least a half acre in size and there are lighting ordinances to prevent from obscuring the stars on clear desert nights. But Apple Valley is growing and diversifying with a population now of more than 70,000. New retail shopping centers have been popping up around the town in recent years, industrial and warehousing opportunities are found on the north side and a former turkey farm on the southern side of town has been transformed into a hugely successful retirement community. And despite the growth Apple Valley strives to maintain its small town feel with a pair of fishing lakes, two golf courses and a weekend concert series at the community park. And while a lot of things have changed since those Apple Orchards were first planted more than 100 years ago...many of the things that attracted people then are still bring them to apple valley today.

HEALTH NEWS:

Fearful of the dentist? You may not be, but it's estimated that millions of Americans are afraid to get that tooth checked out. But they don't have to be. In fact much of today's dentistry is geared towards making the visit free of fear and anxiety. Dental anxiety or fear of the dentist is a major stumbling block for many people. It usually prevents otherwise intelligent, rational people from optimizing and maintaining their dental health. Some people may have had some bad experiences as a child so psychologically they are traumatized. Doctor Allen Nazeri says part of the battle to help combat dental anxiety is being won with technology. This device for example is a drill-less laser making the visit easier. We can drill the teeth and do a lot of different procedures with this without using an actual drill and we don't have to anesthetize the patient. That itself definitely helps the patient. Doctor Nazeri also says the environment in which a patient sees the dentist plays a critical role in calming nerves. That's why he has devoted much of his practice to décor. Take a look: plasma screens, soothing music, scented rooms – it feels, sounds, even smells more like a resort hotel than a doctor's office. We have created an atmosphere where patients are very relaxed. It's more like a spa where patient can feel very relaxed while they get their treatments done. Other ways to combat anxiety:

Be honest with your dentist. Let him or her know that you're apprehensive. Ask the dentist to fully explain the procedure. Don't pick a dentist out of a phone book. Look for credentials and referrals.

Arrive early to your appointment to become more accustomed to the surroundings and staff. The most important part for the dentist is to really listen to the patient and have an understanding so they can address the patient's fears. The goal is to receive treatment. Doctor nazeri says if the mouth is ignored and left untreated. There could be a lot more to fear down the road. Like oral health problems and higher dental bills.

CELEBRITY BIRTHDAYS

ENTERTAINMENT NEWS:

The idea that Big Daddy is watching our every move is taken in this movie to an extreme, now Big Daddy is not only watching us but altering reality too. `Eagle Eye" posted the fourth-best September opening in Hollywood history \$29 million dollars at the box office. We take you to the Hollywood premiere.

SPORTS:

Panasonic Toyota Racing's Italian driver Jarno Trulli looks back on the road he has taken to reach the pinnacle of motorsport – Formula 1.

WEATHER

CALENDAR

Suzanne Peluso



SOUTHERN CALIFORNIA LIFE

DATE: 9-30-08

TIME: 5:30 – 6:00 P.M.

TOPICS COVERED BUT NOT LIMITED TO:

PERTENANT ISSUES AND PROGRAMMING:

NATIONAL NEWS:

In a season of roller-coaster energy costs, a drop in oil and natural gas prices in recent weeks was welcome news. But they remain so high that some experts say heating bills this winter will be far more than those of last year. T.K. Anderson has more. I'm T.K. Anderson. Even after a decline from peak prices in early July, home heating oil is still approximately 35 percent higher than last year, and natural gas is up 11 percent. Jeffrey Mayer is an energy expert and CEO of mxenergy, which supplies natural gas and electricity to residential and commercial customers in deregulated energy markets. One of the best ways that consumers can deal with this problem now is through a new technology spray foam installation. What we encourage people to do is to look at it as a very quick way to reduce their consumption. It has a very quick payback within a year or two. The second way is to look at protecting

consumers from higher prices.

Throughout the country in some 21 states, consumers can actually lock in their prices per unit of natural gas or electricity, much the same way that they like to lock in their interest rates on a fix rate mortgage.

COMMUNITY NEWS:

The town of Apple Valley in San Bernardino County's high desert has humble roots dating back more than 100 years, but as David Wylie tells us one celebrity couple helped put the community on the map.

For years, the names Roy Rogers and Dale Evans have been synonymous with the high desert town of Apple Valley. While many of their celebrity contemporaries were living in glamorous places like Beverly Hills or Malibu, the King of the Cowboys and Queen of the West made rural Apple Valley their home for more than 30 years.

The Rogers were first came to Apple Valley in the 1950's at the invitation of developers Bud Westlund and Newt Bass. Soon they had opened the Roy Rogers Apple Valley Inn which attracted many a list celebrities of the time including Tony Curtis, Lucille Ball and John Wayne. In fact Bob Hope once described the Inn as a place of pure joy and untroubled happiness. In the mid 1960's the Rogers finally moved to Apple Valley permanently and opened the Roy Rogers museum...which is now long gone but the familiar fort like building is still there today. Roy and Dale quickly became part of the community. With many residents having fond memories of the Rogers. I even had an opportunity to meet Roy and Dale in the 1990's and found them to be bigger than life yet down to earth. And even today, driving through Apple Valley you'll notice that there are streets named for Roy and Dale while Highway 18 through the middle of town has been renamed Happy Trails highway. The Rogers didn't just live in Apple Valley ...they contributed as well establishing the Happy Trails foundation to help troubled children. The foundation is still in Apple Valley and many celebrities still participate in its annual golf tournament. And Dale Evans was instrumental in helping build a chapel at the Sunset Memorial park in Apple Valley that bears the name of her and Roy. And the celebrations of life that Dale loved so much continue in that chapel just a short distance from where she and Roy are buried...a place that is still visited by hundreds of fans every year. And while they've been gone for a number of years...the impact of Roy Rogers and Dale Evans in Apple Valley is still prevalent today.

GENERAL NEWS:

The 2009 edition of the Guinness World Records book hit shelves on September 17. The new book features some of the most awe-inspiring and unbelievable. As they say, you truly have to see it to believe it. We show you more.

HEALTH NEWS:

Stopping cellulite in its tracks, yes it can be done. It's a process called VacuDermie.. And it goes to the cellular level. It's a process so effective. Many dermatologists now offer the treatment to their patients. Dimples, lines, and "orange peel texture" are not terms people want associated with their skin. But cellulite does happen frequently. And it's a problem that's tough to control.

As we age we the anatomy of body shifts so you have fat which is supposed to be nicely in one area. Starts to herniate and protrude. Doctor Wendy Roberts is a dermatologist. She says combating cellulite the nagging, sagging, bulging problem that primarily affects the upper thighs and buttocks has become

much more effective with a treatment called Vacudermie. Using a vacuum system we're mobilizing the fat, which is what cellulite is, and redirecting it.

The Vacudermie process creates a metabolic-boosting and muscle-toning effect by reaching down beneath the skin. Cellulite is caused when toxins in the cells harden and create the problem skin condition in hips, thighs, Arms, and elsewhere on the body. Doctor Roberts says this technical advancement not only reverses those effects, but can stop them before they even start. Vacudermie is safe. It's a non-invasive procedure that takes about 20 minutes. Doctor Roberts recommends a series of treatments for the best results. You come in and have the series of treatments and over time you can really see a big difference. Other treatments can enhance the effects of Vacudermie, such as a mud wrap.

CELEBRITY B-DAYS

ENTERTAINMENT NEWS:

For us who live here it is not a big surprise that dogs get an almost better live than humans but what happens when a Beverly Hills tampered dog gets lost in Mexico and needs to find her way home. That's what happens in Beverly Hills Chihuahua as we found out at the Beverly Hills Chihuahua Premiere

HEALTH NEWS:

Breast cancer affects hundreds of thousands of women and their families every year. Over the years, there have been a variety of high profile efforts to raise money for breast cancer research. And now as David Wylie tells us--some ladies are taking their fight against breast cancer to the extreme. This fight against breast cancer is not for the faint of heart...

Come October 11th more than hundred women will be strapping on their helmets and pushing the pedal to metal in the Mojave Desert near Barstow in an unusual event to support breast cancer research. Those ladies will be racing through miles of open desert in the third annual Ladies only Powder Puff Race for the cure. But don't let the name of the fool you...this is a real big time off road race. A number of companies including Royal Purple synthetic oil donate to the cause and the ladies have all gathered sponsors to help make the event a success. All of the proceeds from the annual race go to breast cancer research at Cedars Sinai medical center in Los Angeles. And for every woman there is a different reason to take part. And while there is a very serious side to the race there is no shortage of fun and lots of challenges as well. The powder Puff Race for the cure take places on October 11th just off interstate 15 at Outlet Center road in Barstow...admission is free or if you would like to help the cause...donations can be made to Cedars Sinai online at CSMC.edu.

CALENDAR

WEATHER

A handwritten signature in black ink that reads "Lawrence Roberts". The signature is written in a cursive, flowing style with a large loop at the end of the last name.